



VCA Athletic Code of Conduct

Our goal at VCA is for our athletes to have an enjoyable experience and at the same time, gain the most knowledge as possible in the respective sport of their choice. In doing so, the athletes are required to maintain Godly values and Christian character. One of the guiding principles for VCA athletics can be found in Colossians 3:17 "And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by him".

Participation in VCA athletics is a privilege! If you choose to participate in our athletic program, you accept the responsibility of representing our Lord and our school. When athletes and their parents commit to a particular sport, they are expected to keep their commitment.

Athletes are expected to:

- Honor God with their words, actions, attitude and play.
- Represent their family, school, team and God in such a way that brings honor to each.
- Use language in an appropriate tone and manner that encourages and uplifts others.
- Be respectful to their coaches, teammates, opponents, officials, parents, and spectators.
- Participate in team prayer at practices and games.
- Play safely as to avoid causing injury to themselves or others.
- Play by the rules of the sport, demonstrating and encouraging good sportsmanship, both in victory and defeat.
- Shake the opponent's and coaches hands, in a sincere manner, after all games.
- Be respectful of VCA/VFC and opposing team's properties by picking up after themselves.
- Accept correction and instruction from their coaches. This makes for better athletes and provides benefits for their teammates and themselves.
- Participate in and listen to the coaches during practices and games. Athletes are not allowed to be a distraction to their teammates or to the practice routine. Horsing around, hitting, kicking, etc are not allowed. Students are expected to keep their hands to themselves.

Failure to uphold the expectations outlined above will endanger the athlete's eligibility to participate. Parents are expected to comply to the same expectations as their athlete outlined above. The coaches reserve the right to keep a player from participating in practice or a game. If these disciplinary measures are not successful, Principal Stanford will be notified. VCA athletes will strive for victory, work as they are working unto God, will grow in the knowledge of their sport, and be a positive role model.