

Philippians – Small Group Study Week 13

Verses for the week: Philippians 4:4-7

4Rejoice in the Lord always; again I will say, rejoice. **5**Let your reasonableness be known to everyone. The Lord is at hand; **6**do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. **7**And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Questions:

1. What does Paul mean in verse 5 when he says "let your reasonableness be known to everyone?" What does he mean by "reasonableness?"
2. Paul uses multiple words for prayer in the often quoted verse 6. What does each word mean and how does each help with anxiety?
3. What does Paul mean in verse 5 by "the Lord is at hand?"

Quote of the week: I think we all sin by needlessly disobeying the apostolic injunction to '**rejoice**' as much as by anything else. [CS Lewis](#)

Note:

As Paul said in Verse 4: "Rejoice in the Lord always; again I will say, rejoice."

A good verse to memorize.

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