

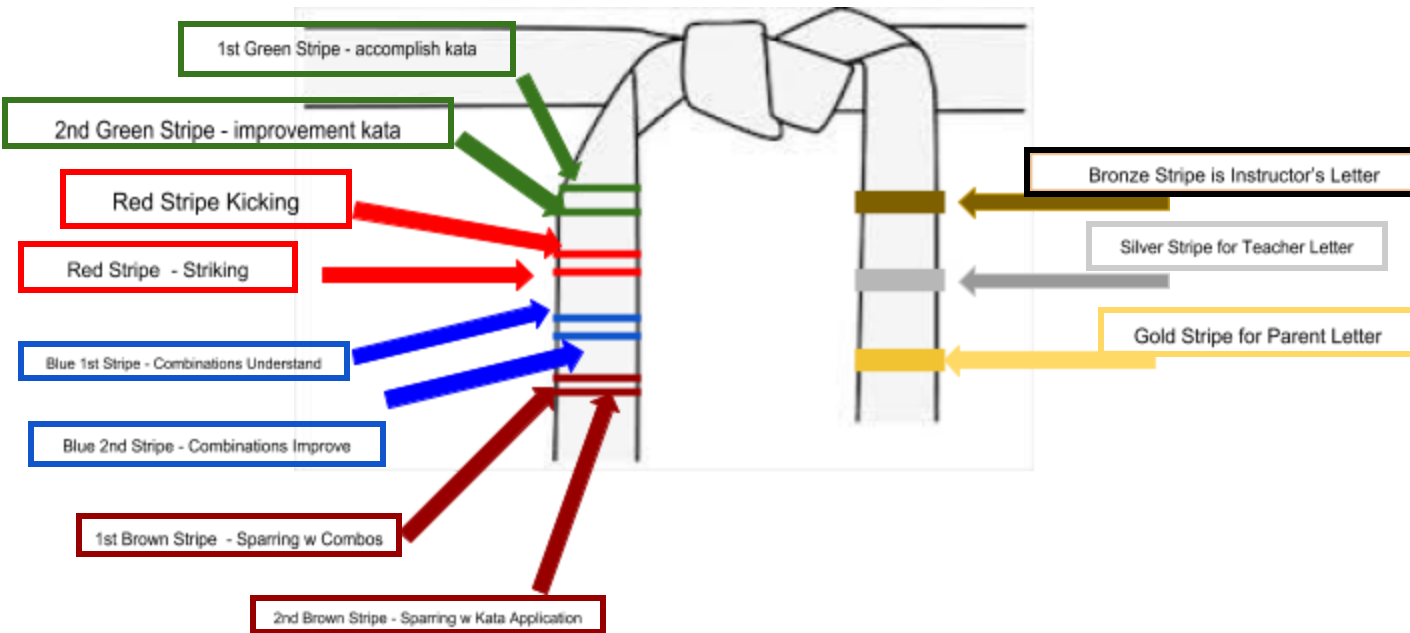


Satori Martial Arts

Tabs System

Youth

6th Grade & Below



HOW DO I EARN MY STRIPES?

TECHNIQUE

1st Green Stripe is for being able to get thru kata for rank and previous ranks

2nd Green Stripe is for being able to perform katas up to rank showing improvement with principles applied

Red Stripe for Kicking is timed for quality and quantity -30's in 30 or 35 seconds to highest kicks

Red Stripe for Striking is timed for quality and quantity -30's in 30 or 35 seconds to highest strikes

1st Blue Stripe is for performing combinations for rank and previous ranks without hesitation

2nd Blue Stripe is for performing combinations with breath technique and application better

1st Brown Stripe is for showing correct application of combinations within sparring

2nd Brown Stripe is for showing correct application of pieces of kata for rank within sparring

MERIT

Bronze Stripe is given by a Satori Black Belt for a student showing conduct on the mat as a leader and mentor for other students (Letter to be turned in and read at end of class)

Silver Stripe is given in class for a letter received from a student's teacher for his/her conduct and merit at school

Gold Stripe is given in class for a letter received from a student's parent for his/her conduct and merit at home