LCADD Establishes Lake Area Foundation
Seniors Enjoy Games, Music, Food
Construction begins on Habitat Homes
WIA Students Receive SCC Awards
Clockwise from top: Abby Piper, Director of Communications & Special Projects, Kentucky Council of Area Development Districts, presented information about the Broadband Kentucky Initiative during the May board meeting. Mayor Nicky Smith, LCADD Chairman, called the March board meeting to order. Mark Johnson, Assistant Director for Small Business Services for the Kentucky Cabinet for Economic Development, was the guest speaker during the March meeting. Johnson addressed the board about the Kentucky Small Business Credit Initiative and the three programs that compose it: Kentucky Capital Access Program (KYCAP), Kentucky Loan Participation Program (KYLPP), and Kentucky Collateral Support Program (KYCSP). During the May meeting, Kasey Hoskins, LCADD’s Water/Wastewater Coordinator, addressed the board about the Public Service Commission’s intent to map water district jurisdictional boundaries. At the March meeting, Ms. Yevette Haskins, LCADD Secretary, called for questions and comments in reference to the minutes from the January board meeting. Later, Judge Ann Melton, LCADD Vice Chairman, informed the board about PRIDE Spring Clean Up month and some of Adair County’s PRIDE initiatives planned for April.
LCADD Promotes Philanthropy, Forms Lake Area Foundation

By Donna Diaz

In March, the Lake Cumberland Area Development District put the wheels in motion to establish the Lake Area Foundation (LAF), a new community foundation.

A community foundation provides services for three distinct constituencies: charitable donors, organizations and the community at large.

Community foundations provide grants, networking connections, workshops, and access to knowledge about the charitable needs and opportunities within its specific service area; but perhaps the most important function is the formation and preservation of charitable capital.

Communities with access to substantial reserves of charitable capital are demonstrably better off than those without. It is the responsibility of LAF to insure that some of the net worth of each generation is set aside for the current and future needs of the communities we serve.

What is the Lake Area Foundation (LAF)?

- Helps individuals, businesses, and organizations create permanent endowment funds for the benefit of the community;
- Is set up to administer many separate charitable funds;
- Makes charitable giving easy, flexible, effective, economical and powerful;
- Permits people to pool their resources for increased impact;
- Gives donors the maximum charitable tax advantages (Lake Area Foundation is a 501-c-3 non-profit, public charity);
- Allows donors to make permanent gifts in memory or in honor of someone;
- Establishes donor-named funds for as little as $10,000 with an option of building a fund over a five-year period; unrestricted funds may be established with a gift of $5,000;
- Manages scholarship and grant programs for individuals, families, alumni groups, organizations and businesses;
- Is set up to provide support to the many non-profit organizations within the 10-county region, scholarship awards, as well as special projects which benefit the region;
- Benefits from the volunteer leadership of a 15-member volunteer board subject to term limits; the work of dozens of volunteer committee members; and is staffed by professionals who are employees of Lake Cumberland Area Development District;
- Is one of more than 700 community foundations that belong to the Council of Foundations;
- Accepts donations in any amount which are invested in the fund of the donor’s choice; these permanent gifts will generate income for good, for ever.

In March, LCADD applied for and received a $10,000 Appalachian Rural Development Philanthropy Initiative (ARDPI) mini-grant through The Center for Rural Development.

continued on page 4
Lake Area Foundation (LAF) continued from page 3

Above and right: Susan Landis, Executive Director for the Beckley Area Foundation, shared her knowledge about community foundations with the LCADD Executive Committee in June.

Auditor Edelen Holds Special District, Elected Officials Forum

State Auditor Adam Edelen visited Russell Springs on June 27 where he held a Special District and Elected Officials Forum. Coordinated by the Lake Cumberland Area Development District, the forum brought together special district representatives and elected officials from the agency’s 10-county area.

The purpose of the forum was to enable elected officials to hear Edelen’s plans to improve transparency and modernize the reporting system for special districts throughout the commonwealth. The auditor encouraged feedback from attendees.

Edelen has embarked upon a statewide tour of all 15 Area Development Districts. This undertaking is consistent with his efforts to make every level of government open to the taxpayers and will help inform the Interim Joint Committee on Local Government, which has been directed by the Legislature “to study special districts’ fiscal, administrative and ethical issues in light of recent audits conducted by the Auditor of Public Accounts of the Commonwealth of Kentucky.”

These funds will be used to pay for capacity-building activities to form and organize advisory committees throughout nine LCADD counties to promote community philanthropy. Other funding will be used to serve the initiative in the district’s remaining county.

In May, LCADD Chairman Nicky Smith appointed Adair County Judge Ann Melton, Ms. Yevette Haskins, Taylor County, and Ms. Janet Clark, Russell County, to serve as members of a working committee for the foundation.

LCADD has since procured Susan Landis, Executive Director for the Beckley Area Foundation, Inc. in West Virginia, to facilitate informational sessions with advisory committee members once these committees are put into place.

A marketing video and guidelines for administering the program are also being developed. These materials will be used for community outreach in attempt to encourage and promote community giving. If you have any questions or need more information about LAF, please contact Donna Diaz at 270-866-4200.
Hunger in America, Hunger in Your Community

Hunger exists everywhere in our nation — whether you live in urban, suburban or rural areas. Hunger has no boundaries, even in the world’s richest country. Feeding America has conducted extensive studies on Hunger in America with statistics broken down by state and county levels.

Following, which is provided by Feeding America, is a break down of hunger in the counties serviced by the Lake Cumberland Area Development District. Information is published here in attempt to create awareness of the plights of many people who live in our region.

Feeding America is the nation's leading domestic hunger-relief charity. Its mission is to feed America's hungry through a nationwide network of member food banks and engage our country in the fight to end hunger. To learn more about this organization and hunger in the nation, particularly in rural areas, visit feedingamerica.org.

<table>
<thead>
<tr>
<th>County</th>
<th>Total Number of Food Insecure People</th>
<th>Food Insecurity Rates % of Total Population</th>
<th>Additional Amount of Money Needed to Meet Food Needs (2010)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADAIR</td>
<td>3,180</td>
<td>17.2%</td>
<td>$1,286,320</td>
</tr>
<tr>
<td>CASEY</td>
<td>3,000</td>
<td>18.8%</td>
<td>$1,332,280</td>
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<tr>
<td>CLINTON</td>
<td>1,850</td>
<td>18.2%</td>
<td>$856,000</td>
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<tr>
<td>CUMBERLAND</td>
<td>1,370</td>
<td>19.7%</td>
<td>$615,480</td>
</tr>
<tr>
<td>GREEN</td>
<td>1,950</td>
<td>17.1%</td>
<td>$872,700</td>
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<tr>
<td>MCREARY</td>
<td>4,220</td>
<td>23.3%</td>
<td>$1,648,900</td>
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<tr>
<td>PULASKI</td>
<td>10,450</td>
<td>16.8%</td>
<td>$4,011,220</td>
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<tr>
<td>RUSSELL</td>
<td>3,110</td>
<td>17.8%</td>
<td>$1,274,070</td>
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<tr>
<td>TAYLOR</td>
<td>4,310</td>
<td>17.8%</td>
<td>$1,706,320</td>
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<tr>
<td>WAYNE</td>
<td>4,150</td>
<td>20.0%</td>
<td>$1,657,260</td>
</tr>
</tbody>
</table>

Pulaski County Senior Center Distributes Food to Seniors

Pulaski Countians are working to fight against hunger in their community. In May, the Pulaski County home healthcare community collected 1,002 pounds of food during Comfort Keeper’s STOP Senior Hunger food drive.

The food drive was held in May in conjunction with Older Americans Month. Comfort Keepers partnered with the Pulaski County Senior Center to distribute the goods to center clients.

Left to right: Sandy Stokley, Amedisys, Sarah Short, owner of Comfort Keepers, Kathy Grabeel, director of the Pulaski County Senior Center, and Christy Griffith with Lifeline, prepare to distribute food that was collected during Comfort Keeper’s annual food drive.
Construction Begins on Habitat for Humanity Homes

In 2009, the Russell County Fiscal Court was awarded a Neighborhood Stabilization Program (NSP) grant. The total of the NSP grant is $1,093,275. The county used a portion of the grant to purchase two pieces of property within the city limits of Russell Springs with the purpose of conveying those properties to the local chapter of Habitat for Humanity. Habitat is using the properties to build two new homes.

To date, two properties have been purchased and the land cleared of the two dilapidated houses that occupied the properties.

Two families have been selected to purchase the homes through the Habitat for Humanity program. Both families will put in “sweat equity” with each adult completing a minimum of 200 hours toward the construction of their home. The families will then purchase the homes through 20-year mortgages.

On June 1, 2012, groundbreaking ceremonies were held at each of the home sites. Construction has begun on the houses, and both are expected to be completed by late summer.

Jim Brown, Community Development Specialist for LCADD, has assisted the county in this endeavor through his work with the Russell County Fiscal Court and the Russell County Habitat for Humanity.

NSP grant funds were also used for the rehabilitation of the old Shiloh Motor Inn in Russell Springs. This portion of the NSP project was completed in May 2011, and the structure, which is now called The Inn, has been leased (at no charge) to the Russell County Emergency Shelter Board.
Progress Continues on Liberty’s New Water Storage Tank

Caldwell Tanks, Inc. is constructing a new 500,000 gallon water storage tank on Water Tower Hill Road on the north side of Liberty. As of June 30, the new tank was about 40 percent complete. As part of the project, the smaller existing tank adjacent to the new tank will be demolished. Another tank will be taken out of service and sealed and two smaller tanks will be refurbished. “This project is vitally important,” said Liberty Mayor Steve Sweeney. “These improvements will allow the city to better serve both the current and future needs of its residents and businesses.”

LCADD Welcomes New Staff

Rebecca Hall
WIA Career Manager
As a WIA Career Manager, Rebecca assists all dislocated workers -- those affected by overseas trade -- through the Trade Adjustment Assistance (TAA) Program. She works in Laurel, McCreary, Pulaski, Rockcastle and Whitley counties, offering such services as career counseling, job search and re-training. Rebecca joined LCADD in November 2011. She obtained her bachelor’s degree in business management from Eastern Kentucky University.

Jennifer Burton
Consumer Directed Options Support Broker
As a Consumer Directed Options Support Broker, Jennifer helps Medicaid members employ their own workers for services, such as personal care, homemaking and respite, in an effort to provide ongoing support to consumers so that they can remain independent for as long as possible. Jennifer received her Bachelor of Arts degree in Human Services from Lindsey Wilson College. Jennifer joined LCADD in 2011. She resides in Russell County with her husband, Wesley.

Ashley K. Burton
Consumer Directed Options Support Broker
As a Consumer Directed Options Support Broker, Ashley provides waiver assessments to consumers in need of personal or respite care, homemaking needs, educational training, technical assistance and consumer support regarding budgets for care. She received her Associate in Science degree in Nursing from Somerset Community College. Ashley resides in Russell County with her husband, Zachary, and two children, Audrey and Halle.

Ginny Thomas
Accountant II
Ginny started work at LCADD in January 2012 as an Accountant II in the Finance Department. She bills Medicaid claims for the Consumer Directed Options Program (CDO), assists in CDO Payroll, and performs a variety of other duties within the department. Ginny graduated from Russell County High School in 2000 and lives in Russell Springs with husband Matt and their two boys, Lucas and Tyler.

Kevin Brian Tarter
Accountant II
Kevin joined LCADD in February 2012 as an Accountant II in the Finance Department, reporting financial activities for the Consumer Directed Option program. Kevin, a Russell County native, was previously employed for 27 years as the Catalog/Credit manager for the JCPenney Company in Somerset. He received his Bachelor of Business Administration degree in Accounting from Eastern Kentucky University in 2008. Kevin and wife Cathy reside in Russell Springs, and have two children, Bridget Holmes and Brian Tarter.

Gina Ippolito
State Health Insurance Program (SHIP) Coordinator
Gina began working at LCADD as SHIP Coordinator in April 2012. She received her Associate of Applied Science in Human Services from Kaplan University in March 2012 and is currently pursuing her Bachelor of Science in Human Services. A Pulaski County native, she lives in Somerset with her husband, Michael and children, Matt and Josh.

LCADD Hosts Training for County Officials

On May 30, 2012 county officials from around the region gathered at LCADD for training. Staff from the Department for Local Government (DLG) and Kentucky Association of Counties (KaCo) conducted the training, which included a mock fiscal court meeting and a session entitled “It’s Your Job,” which covered topics relevant to county officials.
For the fourth time in the past five years, a Somerset Community College student has been named to the Coca-Cola New Century Scholars program. Mike Moore, a Physical Therapist Assistant (PTA) program student from Campbellsville, was chosen as the top scoring student from Kentucky in 2012.

Moore is one of only 50 community college students from the United States, Canada and Guam to be named a 2012 New Century Scholar. The New Century Scholars Program is sponsored by The Coca-Cola Foundation, Coca-Cola Scholars Foundation, Phi Theta Kappa, and American Association of Community Colleges.

More than 1,700 students were nominated from more than 800 community colleges for recognition. Judges consider grades, leadership, activities and most importantly, how students extend their intellectual talents beyond the classroom.

As part of his recognition, Moore received a $2,000 scholarship and recognition at the American Association of Community Colleges Convention April 21-24, 2012 in Orlando, Florida. He was also featured in the USA TODAY newspaper in April, AACC's Community College Times and Community College Journal and on Phi Theta Kappa’s website.

According to Dr. Ron Meade, PTA program coordinator, Moore was an excellent choice for the award.

“Mike has really been the ideal student,” said Meade. “He has excelled academically and has been very active in his community and within the physical therapy profession. He is the type of student every instructor hopes to have in the classroom.”

According to Moore, who grew up in Columbia, he got mixed up with the wrong crowd during his early teenage years and was on a wrong path. He ended up dropping out of school before completing his high school diploma.

“I was blessed enough afterward to have a pastor, who along with my mother, gave me discipline and tough love and helped me get on a good path,” said Moore.

“A few years later I fell in love with my best friend and wife. After we married, I worked my way up in the manufacturing world, receiving seven promotions with one company and later moved on to another company to take a very challenging position.”

Even though Moore had become successful and was a family man, he wasn’t satisfied in the latter years.

“I realized one day that work and the pressure of the position was consuming me,” he said. “It seemed I had no time to listen to my family and focus on God which are the most important things in life. I wasn’t paying attention to the world around me and I wasn’t happy at all.”

Moore asked to step down from his management position and ultimately was laid off during the economic downturn. At that point, he decided to complete his GED and go back to school.

“I always knew I wanted to help people and I really love health and fitness,” he said. “The PTA program was a natural fit for me.”

“SCC literally changed my life course,” he said. “I have time to hear birds sing and really listen when people talk again, everything looks brighter now. I wish everyone could experience this.”

Moore and his wife, Peggy, reside in Campbellsville. In addition to the conference in Orlando, Moore was recognized at SCC’s Honors Night and again at the KCTCS New Horizons Conference in Lexington last spring.

He received his Associate in Applied Science Degree in the PTA Program in May 2012.

SE4A University Offers Online Training Program

The Southeastern Area Agency on Aging (SE4A) University officially began in May with an online training program that includes five online interactive and self-paced courses that provide 20 or more hours of training and continuing education credits for Area Agency on Aging staff and services providers.

SE4A University is open to anyone who provides service and support to SE4A’s older adults and persons with disabilities population. The initial cost is $250 per participant for SE4A members; $275 per participant for non-member (non-profit) providers; and $300 per participant for non-member (for profit) organizations.

The core courses for Foundation in Aging Certificates include: A Guide to the Aging Network – (4 CEUs); Core Issues in Aging and Disability – (5 CEUs); Geriatric Assessment and Care Planning – (4 CEUs); Mental Health and Aging Issues – (4 CEUs); and Substance Abuse Among Older Adults – (4 CEUs).

For more information about the training program, contact Cindy Branscum at LCADD at 270-866-4200.
## Students Collect Numerous Awards During Honor’s Night

LCADD staff from the Workforce Development Department are pleased to announce that the following WIA and/or Trade Funded students received numerous awards during Somerset Community College’s Honor’s Night held at the London Community Center in April. WIA staff (LCADD) provided case management services for these amazing students. Congratulations to you all!

<table>
<thead>
<tr>
<th>Name</th>
<th>Program</th>
<th>Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>Derek Inman, Windsor</td>
<td>Criminal Justice</td>
<td>Criminal Justice Student of the Year – Somerset</td>
</tr>
<tr>
<td>Danny Ferrell, Monticello</td>
<td>Electrical/Electronics Technology</td>
<td>Academic Achievement</td>
</tr>
<tr>
<td>Ronald Bruce Ping, Somerset</td>
<td>Electrical/Electronics Technology</td>
<td>Academic Achievement</td>
</tr>
<tr>
<td>Connie E. Hensley, Columbia</td>
<td>Electrical/Electronics Technology</td>
<td>Academic Achievement</td>
</tr>
<tr>
<td>Monica P. Conner, Russell Springs</td>
<td>Electrical/Electronics Technology</td>
<td>Academic Achievement</td>
</tr>
<tr>
<td>Lisa Vanover, Williamsburg</td>
<td>Medical Assisting</td>
<td>Academic Achievement and Performance</td>
</tr>
<tr>
<td>Norma Denny, London</td>
<td>Medical Assisting</td>
<td>Academic Achievement and Performance</td>
</tr>
<tr>
<td>Anita Fugate, London</td>
<td>Medical Assisting</td>
<td>Medical Assisting Laboratory Team Spirit Award</td>
</tr>
<tr>
<td>Nancy Rimas, Somerset</td>
<td>Nursing, Associate Degree</td>
<td>Outstanding Academic Performance-Somerset</td>
</tr>
<tr>
<td>Lance Shmidheiser, Somerset</td>
<td>Nursing, Practical</td>
<td>Outstanding Practical Nursing Student</td>
</tr>
</tbody>
</table>
| Mike Moore, Campbellsville   | Physical Therapist Assistant    | • Advocacy Award  
                                |                                                              | • Kentucky’s New Century Scholar for 2012                        |
| Bobbi Abner, East Bernstadt  | Respiratory Therapy, Advanced Practice | Outstanding Performance in Program Core Classes                      |
| Lee Cox, McKee               | Respiratory Therapy, Advanced Practice | Member of Respiratory Knowledge Bowl Team                              |
| April Satchell, Russell Springs | Scholarships                   | Lake Cumberland Regional Hospital Volunteer Auxillary Inc. Scholarship |
| Charles Grider, Russell Springs | Surgical Technology            | Clinical Excellence                                                  |
| Jeffrey William Borders, West Somerset | Who’s Who Among American Community College Students |
| Samantha Walls, Stanford      |                                  | Who’s Who Among American Community College Students                  |
| Laura A. Scott, Burkesville  |                                  | Who’s Who Among American Community College Students                  |
| Athena Ann Bowling, Mount Vernon |                               | • Who’s Who Among American Community College Students                |
| Stacy Jo Hancock, Monticello | Chemistry                       | • Who’s Who Among American Community College Students                |
| Stacy Jo Hancock, Monticello | Math                            | • Best in General Chemistry Lecture & Laboratory                     |
| Jonathan R. Crabtree, Monticello | Chemistry                    | • Outstanding Achievement in Math                                     |
|                              |                                | • Who’s Who Among American Community College Students                |
|                              |                                | • Cumberland Workforce Investment Area Award of Academic Excellence   |
|                              |                                |                                                                      |
|                              |                                |                                                                      |
|                              |                                |                                                                      |
|                              |                                |                                                                      |
|                              |                                |                                                                      |
|                              |                                |                                                                      |
|                              |                                |                                                                      |
The 2012 Senior Games took place on May 17 at the Russell County Fairgrounds. Two hundred ninety five participants from all 10 senior citizen centers within the Lake Cumberland Area Development District donned their Mardi Gras T-shirts and masks. They enjoyed a variety of games and competitions, along with a delicious lunch and entertainment provided by the Fabulous Winding Creek Studio Band.
"Too Old To Play"
In July, LCADD staff celebrated during a baby shower held for Billie Foley, who is expecting in August. Billie is a Consumer Directed Options Support Broker for the Aging and Independent Living Department.

On June 8, 2012, Cristy Cundiff, Russell County Senior Center Director (top), and Vicky Avery, Clinton County Senior Center Director, (above, left) attended a Recognition Reception in Lexington held for Elder Abuse Awareness Councils. During the reception, Clinton County was recognized as a council that has just been revived. Russell County received a Public Awareness Initiative Award which came with a check for $415 to use for the local Elder Abuse Awareness Council.

**LCADD Calendar**

*Central Times Apply*

**July**

- **25** Area Aging Council Meeting 12:00 noon
- **26** Elder Abuse Council Meeting 10:00 a.m.
- **26** LCADD Board of Directors Meeting 6:30 p.m.

**August**

- **15** LCADD Executive Committee Meeting 12:00 noon
- **21** Workforce Investment Board Meeting 10:00 a.m.

**September**

- **19** LCADD Executive Committee Meeting 12:00 noon
- **26** Area Aging Council Meeting 12:00 noon
- **27** LCADD Annual Meeting — Lake Cumberland State Park 6:00 p.m.

**October**

- **16** Workforce Investment Board Meeting 10:00 a.m.
- **17** LCADD Executive Committee Meeting 12:00 noon