



week two

eating with family

bottom line

Give your family the gift of presence.



corresponding teaching content

Invite your group members to watch the corresponding teaching by Pastor Andrew on LivingInhabit.com's Media page before you begin this week's discussion guide.

group icebreaker

What is your family's favorite meal, past or present?

reading scripture together

Read about *Mary & Martha* in Luke 10:38-42.

play today's group intro video



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suggested discussion questions

getting connected with scripture:

- *Martha gets a bad reputation but, in verse 38, it was she that opened her home to Jesus in the first place. Can you think of people you know who are good at opening their homes to others?*
- *In one sense, this is a story contrasting focus & distraction. What do you take away from Jesus' response to Martha in verses 41-42?*
 - And how does that takeaway relate to your relationship with family?

getting real with each other:

- Can you describe an instance when you were too busy to be present with your family?
- Can you describe times, past or present, when family was too busy to be present with you?
- *This issue can be a source of guilt, shame and regrets for a lot of people. What words of encouragement can your group offer to those who may feel that today?*

getting practical with our faith:

- How can we get better at balancing the tension between the tasks that need us and the people that need us?
- If you already have a pattern of eating with your family, what does that look like?
 - How does that compare to what you experienced growing up?
 - If you don't have a pattern in place, what could that look like?
- How would you describe the benefits of regular family meals shared together?
- **This Week:** Schedule a special meal to bring your family & faith around a table.