



week three
controls

bottom line

Media without controls
leads to life out of
control.



corresponding teaching content

Invite your group members to watch the corresponding teaching by Pastor Andrew on LivingInhabit.com's Media page before you begin this week's discussion guide.

group icebreaker

Who is your favorite TV mom?

reading scripture together

Read about *The Wife of Noble Character* in **Proverbs 31:10-31**.

play today's group intro video



suggested discussion questions

getting connected with scripture:

1. Read verse 28 again. What honoring words can you share about your wife and/or your mom today? (Can you find an opportunity to share those with her?)
2. Verse 27 says, "She watches over the activities of her household."
 - A. What are some ways living in the digital age complicates the parenting task of watching over the activities of our households?
 - B. What would you say is the purpose of watching over these activities?
 - C. What are some ways you accomplish this at your house?

getting real with each other:

3. Is there anything you would disagree with or add to what Pastors Neil, Alex & Lori shared in today's video (or what Pastor Andrew shared in today's message)?
4. Can you name any areas of guilt or regrets you feel around this subject?
5. How can we speak both grace & courage into one another's lives on this subject?
6. **Reflection Question:** Lord, what would you say to me about my kids/grandkids and their media consumption?

getting practical with our faith:

7. What good ideas have you implemented, seen, or heard about for providing better media boundaries for kids and teens?
8. **This Series:** We are inviting you to create a "digital rule of life," planning what media you consume, how much of it you consume and when you consume it.
 - A. What could you implement that could help your kids/grands?