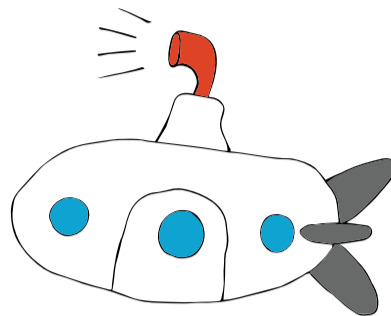




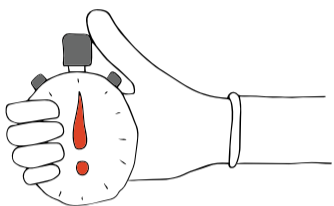
13 Ways to Run Out of Air & How Not to

Lack of awareness

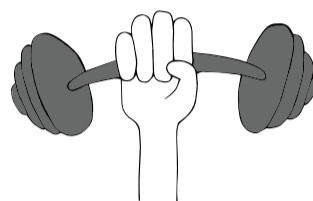
1 Diving too Deep



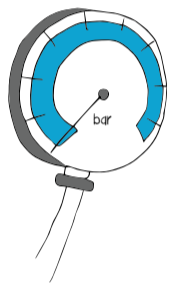
2 Staying too Long



3 Working too Hard



4 Not Monitoring Your Pressure Gauge

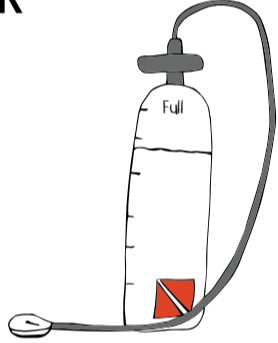


5 Ignoring Anxiety as a Factor

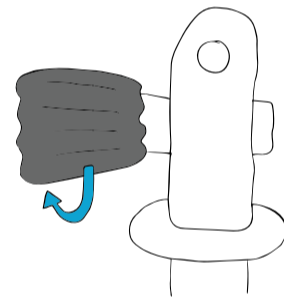


Procedural problems

6 Starting with Less Than a Full Tank



7 Not Opening the Tank Valve All the Way



8 Frequent Depth Changes and BCD Adjustments

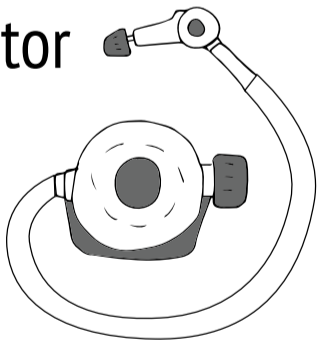


9 Omitting Pre-dive Check and Buddy Checks

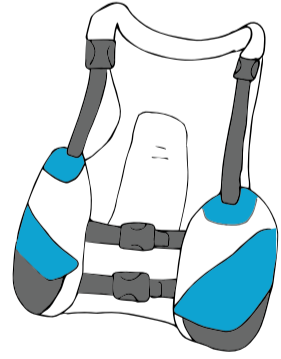


Equipment issues

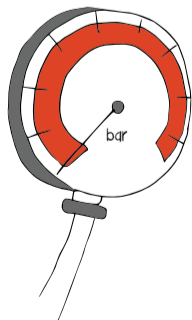
10 Regulator



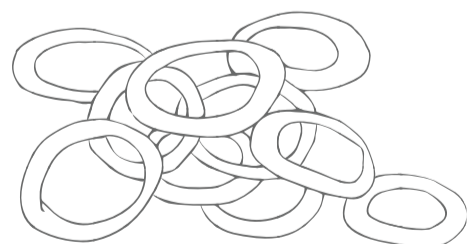
11 BCD



12 Pressure Gauge



13 Burst O-ring or Hose



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