**JOHNSVILLE JR. SKI TEAM – CPRPD**

**IMPORTANT INFORMATION FOR PARENTS:**

1. **Cost of Program:** Registration fees **do not** include lift tickets, transportation, food or equipment.
2. **Lift Tickets:** Occasionally if we get a good group price, we will have a “fun day” without a race course. These lift ticket prices will vary upon resort. Any day at Boreal is covered by season pass pricing.
3. **Meals:** Please make sure your child eats something before heading out in the morning. Snacks that fit in jacket pockets are also a good idea. The kids use a lot of energy and need to stay fueled.
4. **Ski Helmet:** $100 - $300. Ski helmets are **required** at all times when your child is skiing **(before, during and after the race)**. This is an important piece of safety equipment for your child. Racing approved helmets have an “FIS” sticker on them. Helmets are available at ski shops, ski swaps, and other JJST families that have outgrown them.

**ESTIMATED TOTAL COST PER CHILD FOR THE SEASON:**

 Home Mountain Fee $105 Team Sweatshirt $30

 Registration Fee – CPRPD $35 Equipment $140 - $270

 Boreal Pass $159-$209 Ski Helmet $200

The prices listed above are rough estimates using the highest anticipated costs of lift tickets. You can save money by purchasing used ski equipment or renting. Season rental packages, as well as used skis for purchase, are available at Feather River Outdoors at 373 W. Main St., Quincy, CA, 283-0455.

1. **Equipment:**

**Skis, Boots and Poles:**

* It is advisable to put your child’s name on everything.
* Ski bindings, as well as boots, must be DIN certified. This is to prevent injury to your child. Unless your child’s equipment is very old, most equipment on the market is DIN certified.
* Coaches will not make any adjustments to your child’s binding so if you are uncertain whether your child’s equipment is adjusted for their skill level, it is recommended that you get the equipment tuned at a ski shop. **THIS IS FOR YOUR CHILD’S SAFETY!**
1. **Proper Clothing: GOGGLES ARE REQUIRED AND MUST BE WORN WHILE RACING.** We can’t stress how important proper clothing is! Goggles, warm waterproof jacket, hat, gloves, waterproof ski pants, helmet and sunscreen. We also recommend that long sleeve attire be worn during training and racing. Have your child in layers. If they get too warm, they can remove something. It is much easier to cool down when overdressed than it is to warm up. If your child is going to enjoy himself/herself, he/she needs to be warm and dry. If he/she is cold and/or wet, he’ll/ she’ll be miserable, and so most likely will the coach.

**ALWAYS BE PREPARED FOR THE WORST WEATHER.** The sun might be shining at home and it can be snowing and miserable on the ski hill. We highly recommend that younger children have an extra pair of dry gloves.

**LABEL EVERYTHING** that your child can remove. We always check the area before leaving a race. If there is not a name on the item, we have no way of knowing if we should bring it home with us.

1. **Parent Involvement:** We ask that a parent accompany all new skiers to the team draft – tryouts. In addition, parents of young children (6-8 year old) may be required to attend races with their child. We also ask that all parents participate in fundraisers when asked. In order to keep our costs low, we sometimes hold fundraisers to offset our overhead.
2. **Coaches:** All of our coaches are seasoned skiers who enjoy working with kids. We may need coaches in the future and are always on the lookout for new coaches. You need not be an expert skier or have racing experience to coach. Coaching is a learning experience for both the coaches and the kids. Ski coaching is one of the very few coaching experiences that you can actually participate in with the kids you are coaching. Our new coaches generally are invited to coach after a season of volunteering on the hill.
3. **Parent Volunteers:** Parent volunteers are a must for a successful program! We depend on parents to help with timing, recording, gate-keeping, etc. Parents don’t need to ski to help; we have lots of jobs for non-skiers. We also need a photographer with a digital camera and good lens who can be depended on to be present at races to take pictures for the newspaper. Please contact the Director, Niki Hall, if you are interested in helping out.
 *JJST does not offer adult passes or discounted parent tickets*
4. **Always Be On Time:** Please plan for appropriate travel time from your destination including for weather and ski traffic. This means leave at least a half hour earlier than when you think you should. If you are late, it is difficult to get you your tickets and for your child to meet up with his/her team. If you arrive late and your tickets have been purchased, you will not be refunded and your team will leave without you.
5. **Development Training:** Age isn’t always a determining factor in being ready to be on ski team. Children must possess basic skills and be able to listen well for their safety and the safety of others. Please be advised if you have a young child on the development team you either need to ski along with them or be available. While our goal is to develop ski racers, our newer skiers do not have to race right away. During the first few races we take our newest ski racers and conduct separate training and practice time before the race. This allows for more individual attention, concentration on developing basic skiing techniques while assessing each new racer’s abilities to begin racing. As each skier progresses, they are phased into a racing team. In some cases, first-time racers are able to race the first day. We find this to be a great way to ease our newer skiers into racing safely, allowing them to feel confident and most importantly…to have fun. We will again assess each child’s skiing ability during the draft and determine the need for this development “team” approach. We encourage and welcome parent’s assistance during this training. Safety is our first priority so please make sure your children know that listening to their coach is the number one task!
6. **Team and Individual Scoring:** JJST is a Buddy Werner League program that has individual results for each race. Each race will have two courses, a blue course and a red course. Skiers will ski both courses, but results will be based on the fastest single run (i.e. we do not combine scores for both courses).
* Individual scoring is based on the fastest single time earning 100 points, second fastest 99, third 98 and so on until all skiers who completed at least one run are ranked. Skiers who race but do not complete either course earn one point less than the last skier to successfully complete one run.
* Awards and Buddy Werner Team selection are based on individual results for four out of our six races (i.e. we drop the two lowest scores for each racer). If your child misses an event for any reason, they do not earn points for that event. **This can be important as skiers who miss more than two events may not be able to qualify for end of the season awards or for Buddy Werner Team selection.**
1. **Newly Applied Pandemic Rules:** Families associated with ASC and JJST will meet at the opposite end of the parking lot – be prepared for tailgate lunches. A porta potty will be available as we will not be allowed in the resort lodge and/or indoors. Please stay home if you or your family has a fever and/or has been exposed to COVID-19. COVID testing will be performed prior to activity commencement. **Face coverings must be worn at all times!**