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# ACCOUNTABILITY QUESTIONNAIRE

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## PHYSICAL LIFE

### Preparation

The individual should undergo an annual physical from a doctor and share any appropriate health-related recommendations. The team should observe and evaluate schedule, pace of life, and periods of rest.

### Questions

1. When was the last time you took extended time off?
  2. What do you do for fun? What are your hobbies?
  3. How is your diet?
  4. How much sleep are you getting?
  5. How much exercise are you getting?
  6. What one thing, if changed, would make the biggest difference in your physical life?
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## EMOTIONAL LIFE

### Preparation

The team should observe and evaluate schedule, DISC profile, temperament profile, spiritual gifts, pace of life, and workload.

### Questions

1. What is the most stressful part of your job?
  2. Are you currently experiencing conflict with someone?
  3. Do you ever struggle with depression or suicidal thoughts?
  4. Are you harboring anger, resentment, or unforgiveness toward anyone?
  5. Do you feel loved, valued, and appreciated?
  6. What is the best way to show encouragement to you?
  7. What one thing, if changed, would make the biggest difference in your emotional life?
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## FINANCIAL LIFE

### Preparation

The team should evaluate personal budget, compensation, and portfolio.

### Questions

1. How much financial pressure are you currently facing?
2. How much strain does finances place on your marriage?
3. Do you feel fairly compensated?
4. What one thing, if changed, would make the biggest difference in your financial life?

# MARRIAGE & FAMILY LIFE

## Preparation

The team should speak with the spouse and children (if applicable) to ask about their relationship and inquire about ways to grow.

## Marriage Questions

1. Tell us about your relationship with your spouse.
2. How often are you dating? How is your sex life?
3. Do you ever engage in inappropriate conversations with members of the opposite sex?
4. Do you struggle with pornography?
5. Is there anyone in your life right now that requires you to be extra guarded around?
6. What is the best thing about your marriage right now? Worst?
7. Are you consistently praying with your spouse?
8. What one thing, if changed, would make the biggest difference in your marriage?

## Parenting Questions

1. Tell us about your relationship with your kids.
  2. Are they rebelling at home or at school?
  3. How often do you spend uninterrupted time with them?
  4. What is the best thing about your relationship with your kids right now? Worst?
  5. Do they feel loved by you?
  6. What one thing, if changed, would make the biggest difference in your relationship with your kids?
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# SPIRITUAL LIFE

## Preparation

The team should observe and evaluate overall well-being and fruitfulness. Is the fruit of the Spirit displayed? Is there evidence of anointing and walking in spiritual authority?

## Questions

1. Describe your devotional life.
  2. How intimate is your walk with God right now?
  3. Is your victory over sin and temptation currently improving or declining?
  4. How hot is your fire for Jesus?
  5. What is your current commitment level to our 4 primary spiritual habits (Prayer & Fasting, Bible Study, Godly Fellowship, & Stewardship)?
  6. How often do you share your faith?
  7. What are the biggest risk factors in your life right now?
  8. What one thing, if changed, would make the biggest difference in your spiritual life?
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# CONCLUSION

Construct a growth plan, put it in writing, and add it to your schedule