

**Today's Passages:** Matt. 2:1-12; Num. 24:15-17; 2 Cor. 9:6-8; Ps. 112:5; Prov. 11:25; Acts 20:35; Heb. 13:16

#### Christmas Quiz

- 1. How many magi visit Christ after his birth, according to the Bible?
  - a. An undisclosed number
  - b. 1
  - c. 3
  - d. None
- 2. Where is Jesus when the magi come to visit Him?
  - a. In a house.
  - b. In a temple.
  - c. In a manger
  - d. In a womb
- 3. The magi ask Herod where Christ is to be born. Herod summons his priests and scribes, who know the location of the birth because of the prophecy of this man.
  - a. Jonah
  - b. Micah
  - c. Amos
  - d. Joel
- 4. Herod's slaughter of the children two and under, according to Matthew, fulfills a prophecy uttered by what man?
  - a. Micah
  - b. Joel
  - c. Jonah
  - d. Jeremiah

# Five Love Languages: How to Express Heartfelt Commitment to Your Mate by Gary Chapman

**Receiving Gifts**: receiving a heartfelt gift is what makes somone feel most loved **Quality Time**: giving the other person your undivided attention

Acts of Service: here actions speak louder than words

Words of Affirmation: where words are used to affirm other people

Physical Touch: this person feels loved through is appropriate physical touch

### Five reasons to begin a tradition of giving:

#### 1. Giving makes you feel happy.

Your brain's pleasure circuits are stimulated by acts of charity and release "good feeling" chemicals such as endorphins, which give you a sense of euphoria, and oxytocin, which promotes tranquility and inner peace.

# 2. Giving is good for your health.

Stress is the catalyst for many known health issues. Giving has been proven to decrease blood pressure and reduce stress. This reduction promotes longer life and better health.

## 3. Giving promotes social connection.

Studies show that when you give to others, your generosity is often continued down the line to someone else, or returned to you. This strengthens our ties to each other.

# 4. Giving is contagious.

When one person gives, it inspires others to do the same.

#### 5. God commands it.

It glorifies Him and we worship Him through giving.