



PRAYER GUIDE

Prayer is talking with God.

Use this prayer guide individually or with your family to talk with God.

- THANKSGIVING -

Since God is the giver of every good thing we have, we practice giving thanks to him, no matter what else is going on. Take time to find something you can thank God for—and even let one thing lead to another and keep the chain of thanksgiving going!

Start with, “God, thank you for...”

- REPENTANCE-

Sometimes we shy away from repentance, but bringing our brokenness and wrongdoings to God is necessary for us to receive his grace. Don't be afraid to honestly admit to the Lord how you haven't obeyed him fully. He is quick to forgive when we approach him humbly, and we can know we have been forgiven because of Jesus' death and resurrection.

Start with, “God, I'm sorry for...”

- ADORATION-

Here's a chance to think about WHO GOD IS. Focus on what God is like based on who he is—three-in-one, Father, Son (Jesus Christ), and Holy Spirit.

Start with, “God, I love you because...”

- PETITION-

We bring our requests to God! We ask him to help us or to help other people. We draw near to our Father, who is the King over all things, and boldly ask his help in our times of need. He invites us to ask him to act—to make wrong things right, and to provide help for all who need it, in the name of Jesus. Start with, “God, please help...”

Adapted from John Leitzel's “Learning to Pray”