

Wrap Up Activity

Spend some time thinking about each of the five pillars and develop a **S.M.A.R.T** goal for the areas in which you believe you need the most growth. The acronym **S.M.A.R.T** stands for the following:

S – Stands for **Specific**: You can state clearly what you want to accomplish

M – Stands for **Measurable**: You've included a way to measure your results

A – Stands for **Attainable**: It's within your capabilities and depends on you alone

R – Stands for **Relevant**: The goal is a personal priority

T – Stands for **Time-Specific**: It has a deadline

Sample **S.M.A.R.T.** goals may sound like the following:

"I would like to learn how to turn my B in science to an A by the end of the next semester."

"By the end of the summer, I would like to meet one friend who does not live in my neighborhood and is of a different ethnicity."

[illegible]

Develop your **S.M.A.R.T.** goal around **Building Sustainable Communities**

[illegible]

Develop your **S.M.A.R.T.** goal around **Practicing Self-Governance**

[illegible]

Develop your **S.M.A.R.T.** goal around **Making Accountable Choices**

[illegible]

Develop your **S.M.A.R.T.** goal around **Fostering Authentic Relationships**

[illegible]

