

Facilitator Notes:

Optional Activities

Session One

***Opening video on Biases (All videos are public YouTube Videos) Paradigm 360° does not own the right to these videos and does not guarantee the links will be continue active throughout the ownership of the materials you are using. Neither do we advertise these videos as a mandatory component to facilitate the materials it only serves as an enhancement. The views and opinions of the videos may or may not be the expressed views of Paradigm 360° Coaching & Consulting, LLC**

A fun opening activity can start with the discussion on the books front cover. Have the students look at the front cover of the book and ask them what they see. Most will only see the picture of the boy with words behind him. Challenge the teens to list things they may see on the picture. After a while share the pink and blue cover with the students displaying the girl on cover. This could be a great jump start conversation on personal biases. We often don't see the entire picture until someone points out that we have missed something. The same thing can happen in life, oftentimes we don't know we operate with biases or stereotypes until its pointed out to us by someone else through dialogue and conversation.

<https://www.youtube.com/watch?v=EdEQmH65ybQ> (YouTube) (Unconscious Bias)
Middle School (8th) Grade

<https://www.youtube.com/watch?v=BFcfqmVah8> (YouTube) 2 min 19 sec (Blind spots)
2 min 19 Sec

https://www.youtube.com/watch?v=6_yIevcJCpc (YouTube) Overcoming Biases
(YouTube) 3 min 25 Sec

<https://www.youtube.com/watch?v=OoBvzI-YZf4> (YouTube) 8 min 09 Sec (Implicit Bias)
High School 9-12th (Longer discussion)

After you have the discussion on biases have the students watch the video a conversation with Native Americans, individuals who are handicap and African American Teens on Race.

<https://www.youtube.com/watch?v=OmquiopeDaz8> (YouTube) 1 min 52 Sec (African American Teens on Race)

<https://www.youtube.com/watch?v=KRabTQGo9RI> (YouTube) 3 min 07 Sec (Handicap Bias)

<https://www.youtube.com/watch?v=HXEEh6UteEo> (YouTube) 2 min 57 Sec (Handicap Bias)

<https://www.youtube.com/watch?v=siMal6QVble> (YouTube) 6 min:23 Sec (Native Americans on Race)

Each case study is designed to spark powerful and authentic conversation between students and their peers or another adult facilitator.

Case Study One: Place the students in groups or pairs. Have the students read the case study first and then have them discuss it in their group for about 15 minutes. Ask the students to think about the introduction conversation prior to the case study on biases.

Many students may think that the student in the case study transferred to play football. If the opportunity permits you may want to share with the students that the transfer student in the narrative was a professional gymnast. He transferred to the school because the school was top ranked in sports and gymnastics. The student will be trying out as the first male cheerleader he is not there to play football.

Case Study Questions:

What biases could be at play in this case study? What are your assumptions about Isaiah? What are your assumptions about Sam? What does Harrison's comment suggest about Isaiah? What does Sam's comment suggest? What can you draw from Camryn's comment to Erin? What are some things the teens did not consider while discussing Isaiah? Did Erin's comment display any biases?

After the discussion on biases have the students watch the video below:

<https://www.youtube.com/watch?v=ioa6UvmMZPw> Unlearning Biases (YouTube)

Have the students journal after each lesson their smart goal for developing the principles and competencies they are learning on the S.M.A.R.T. goal sheets in the back of the book.

Optional Case Study:

Share some of the biases that you have heard around Asians if the students don't have a context for the conversation. Feel free to use the links below to go into a more in-depth conversation around the topic. Please view the videos prior to discussion to make sure they are age appropriate for your classroom discussion.

What kind of Asian are you? (YouTube)

<https://www.youtube.com/watch?v=DWynJkN5HbQ>

What Kind of Asian are you two? (YouTube)

<https://www.youtube.com/watch?v=hTVMszvogxk>

Session Two: Building Sustainable Communities videos

Activity: Building Sustainable Communities

Students can create a classroom or school campaign to create an inclusive school environment or students can create a vision board demonstrating how they would like their school to look in the future.

Session Three: Practicing Self Governance

The purpose of this lesson is to get teens to understand the importance of exercising self-control when they interact with others who may have different personal values, beliefs or religious convictions. One they view the TEDx Talk ask the following question. When your political, religious, educational, and cultural views are opposed to others, how do you handle yourself?

Please view the video first to make sure the content is for your audience.

<https://www.youtube.com/watch?v=NCLoNwVJA-0> (YouTube) 10:00 min TEDx Talktoilets, bowties Genders and me

Session Four: Accountable Choices

During the Accountability section help the students see the negatives around intolerance. Encourage the students to have free discussion that is safe for all participants in a welcoming environment. These topics may be sensitive to some students so please exercise wisdom and caution when facilitating this information with the students.

<https://www.youtube.com/watch?v=qCVzZnMWkrA> (YouTube) 50 Sec video
Accountability on race equality: lessons for funders and others

https://www.youtube.com/watch?v=v_DhUaQ__IA (YouTube) 4 min 52 Sec Ellen
DeGeneres video on accountability and biases around religion

<https://www.youtube.com/watch?v=CkCvEgukWBo> (YouTube) Oprah Winfrey Post 911
discussion on Race and Religion

<https://www.youtube.com/watch?v=YpW4min8TtU> (YouTube) Unfair Act against Gay
Women on a public transit system

Session Five: Fostering Authentic Relationships videos

<https://www.youtube.com/watch?v=vu24PZlboY> (YouTube) 5 min 15 Sec DIFFERENT |
Award Winning Short Film by Tahneek Rahman

<https://www.youtube.com/watch?v=kyl4EJhq47A> (YouTube) Privilege Video 3: min 34 sec