

# *Climbing Out of the Cave of Despair*

PSALM 143:1-12

## 1. David's \_\_\_\_\_ to His Prayer, vs. 1-2.

### A. The \_\_\_\_\_ to be Heard by God, vs. 1.

*“Hear my prayer, O LORD, Give ear to my supplications! Answer me in Your faithfulness, in Your righteousness!”*

*“Seek the LORD while He may be found; Call upon Him while He is near.” (Isaiah 55:6)*

### B. The \_\_\_\_\_ He is Addressing, vs. 1.

*“Hear my prayer, O LORD, Give ear to my supplications! Answer me in Your faithfulness, in Your righteousness!”*

### C. The \_\_\_\_\_ He is Requesting, vs. 2.

*“And do not enter into judgment with Your servant, For in Your sight no man living is righteous.”*

*“Because of the LORD’s faithful love we do not perish, for his mercies never end. They are new every morning; great is your faithfulness!” (Lamentations 3:22–23, CSB)*

## 2. David’s \_\_\_\_\_ in His Prayer, vs. 3-4.

### A. The \_\_\_\_\_ of his soul, vs. 3a---“For the enemy hath persecuted my soul...”

### B. The \_\_\_\_\_ direction of his life, vs. 3b---“...he hath smitten my life down to the ground.”

### C. The \_\_\_\_\_ and \_\_\_\_\_ all around him, vs. 3c---“...he hath made me to dwell in darkness, as those that long have been dead.”



**D. The \_\_\_\_\_ spirit that overwhelmed him, vs. 4---**  
*“Therefore is my spirit overwhelmed within me...”*

**E. The \_\_\_\_\_ heart within him, vs. 4---** *“...my heart is appalled within me.”*

**3. The \_\_\_\_\_ of His Prayer to God, vs. 5-12.**

**A. To \_\_\_\_\_ God, His Word, and Work vs. 5---** *“I remember the days of old; I meditate on your doings; I muse on the work of your hands.”*

**B. To \_\_\_\_\_ God’s Face, vs. 6-7---** *“I stretch out my hands to You; My soul longs for You, as a parched land. Selah. Answer me quickly, my spirit fails; Do not hide Your face from me, or I will become like those who go down to the pit.”*

**C. To \_\_\_\_\_ from God, vs. 8---** *“Let me hear Your lovingkindness in the morning; For I trust in You; Teach me the way in which I should walk; For to You I lift up my soul.”*

**D. To \_\_\_\_\_ His Protection, vs. 9---** *“Deliver me, O LORD, from my enemies; I take refuge in You.”*

**E. To \_\_\_\_\_ and \_\_\_\_\_ His Will, vs. 10---** *“Teach me to do Your will, For You are my God; Let Your good Spirit lead me on level ground.”*

**F. To \_\_\_\_\_ His Name, vs. 11---** *“For the sake of Your name, O LORD, revive me. In Your righteousness bring my soul out of trouble.”*

**G. To \_\_\_\_\_ as His Servant, vs. 12---** *“And in Your lovingkindness, cut off my enemies And destroy all those who afflict my soul, For I am Your servant.”*

**Answers:** Audience, Urgency, Majesty, Mercy; Anguish, Distress, Downward, Darkness, Death, Defeated, Desolate; Appeal, Remember, See, Hear, Experience, Know, Do, Glorify, Re-engage.

