

The Enneagram

For Discipleship to Jesus

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A Tool for Discipleship to Jesus

- More than “Believe and do” — follow Jesus with whole self (Mark 12:30-31)
- Ancient truth from many sources and the Bible (2 Tim. 3:16; Acts 17:22)

Enneagram Dynamics

- Personality (Gen. 1:26; Rom. 3:23-24)
- Presence (John 1:14; Matt. 11:25-30)
- Awareness (Psalm 139:1-6, 22-24)
- Introduction to nine types & maps (see p. 2)

Discipleship by Triad (see pp. 3-4)

- Three intelligence centers (Mark 12:30-31)
- Basic emotional postures & triad dynamics (Psalms; Matt. 3:16-17)
- Spiritual disciplines (1 Tim. 4:7)
- Which triad best describes you?

Enneagram Types: Healthy and Unhealthy (see p. 5-6)

- Sin/dysfunction and your false self (Eph. 4:22-24)
- Virtue/health and your true self (Col. 3:1-17)
- You have a “face” of Christ (Matt. 5:14-16)
- Which personality type best describes you?

Coaching Example: Peter’s Enneagram Map

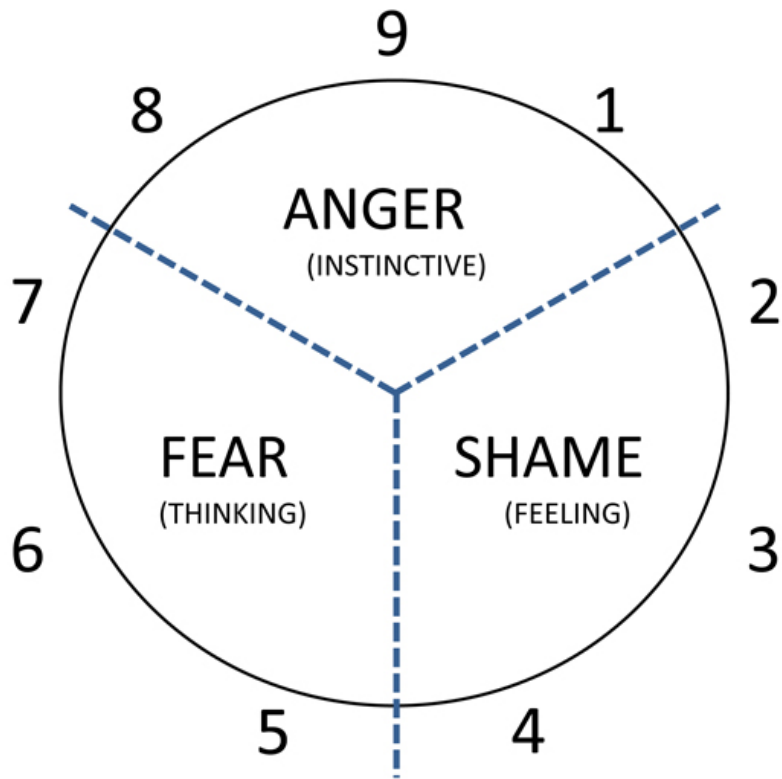
Q & A

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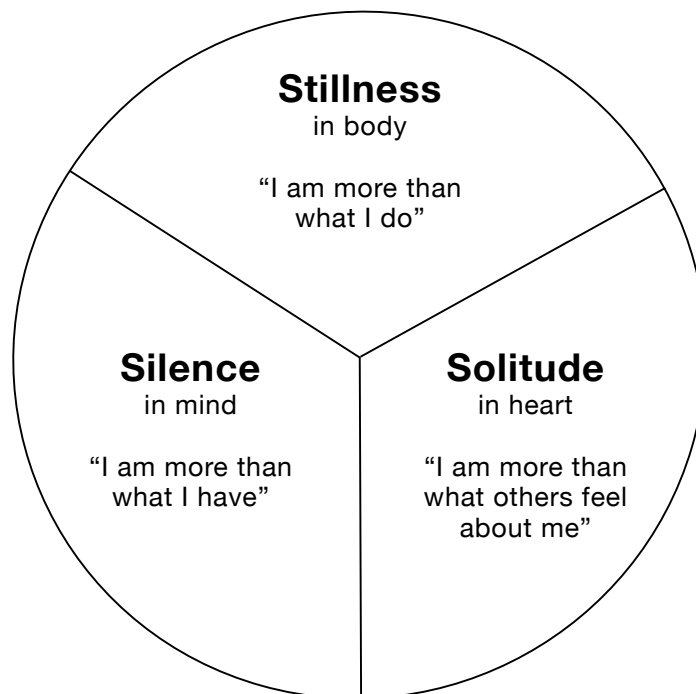
Enneagram Types



Triads: Intelligence Centers & Emotions



Triads: Spiritual Disciplines

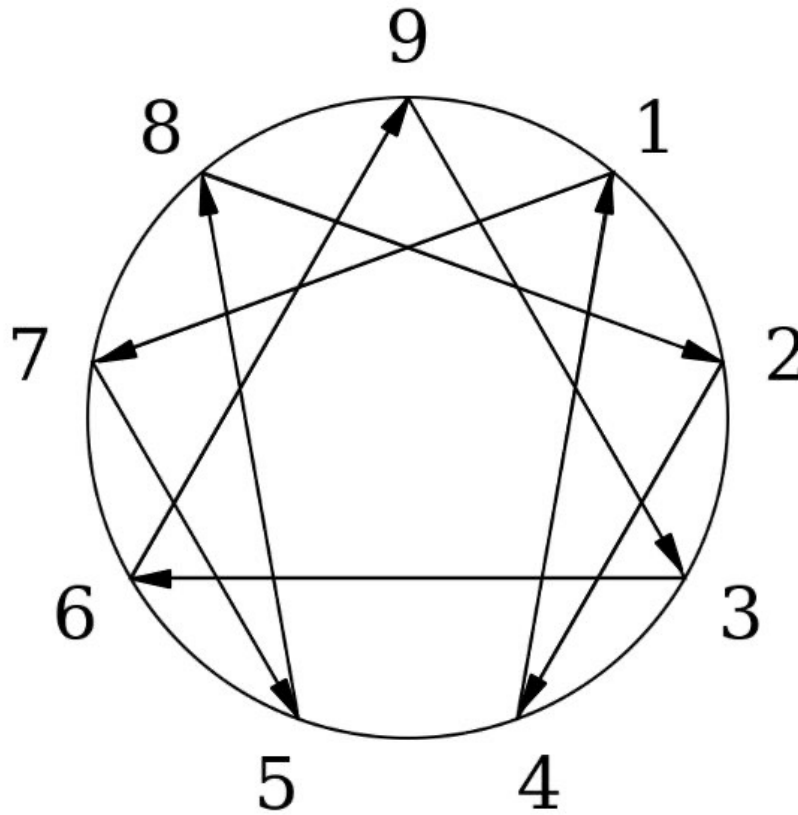


Discipleship by Triad

	Gut	Heart	Head
Types	8: Challenger 9: Peacemaker 1: Reformer	2: Helper 3: Achiever 4: Individualist	5: Investigator 6: Loyalist 7: Enthusiast
IQ Center	Experience / doing (Physical Space)	Relational / emotional (Stories)	Thinking (Principles)
Basic Emotional Posture (BEP)	Anger	Shame	Anxiety / fear
Dysfunction / sin	Control	Image	Distraction
False Self	"I am what I do."	"I am what people say about me."	"I am what I have."
Felt Need	Power	Esteem / affection	Security
Spiritual Discipline	Stillness	Solitude	Silence
True Self	"I am significant."	"I am accepted."	"I am secure."

Enneagram Growth Arrows

(Stress arrows = opposite direction)



Enneagram Personality Types

	False Self	True Self	Bible Heroes
1: Reformer	Resentful Perfectionist	Serene Teacher	Paul Priscilla
2: Helper	Vain Care-Taker	Humble Care-Giver	John Virgin Mary
3: Achiever	Deceptive Showman	Authentic Influencer	Jacob Martha
4: Individualist	Melancholy Romantic	Balanced Artisan	Joseph Mary Magdalene
5: Investigator	Cynical Scrooge	Perceptive Sage	Thomas Esther
6: Loyalist	Anxious Cop	Courageous Teammate	Peter Ruth
7: Enthusiast	Hyperactive Hedonist	Sober Joy-Giver	Solomon Rahab
8: Challenger	Controlling Bully	Generous Leader	David Deborah
9: Peacemaker	Lethargic Ghost	Engaging Guide	Jonah Abigail