

## Praying for Personal Growth Prayer Sheet

### **Psalm 28:7** ESV

*The LORD is my strength and my shield; in Him my heart trusts, and I am helped; my heart exalts, and with my song I give thanks to Him.*

### **Psalm 50:23** ESV

*The one who offers thanksgiving as his sacrifice glorifies me; to one who orders his way rightly I will show the salvation of God.*

**Thanksgiving:** Spend some time in thanksgiving, praising God for salvation, for meaning and purpose for life, for providing, for listening, for loving us, that He has called you to be His own (what a privilege), etc.

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**Personal Reflection & Listening Prayer:** Take a moment to reflect on what God has done in your life and in your family this past year - be specific and if you can't think of anything take a moment to ask Him to reveal to you what you should be thankful for! Take this opportunity to praise and thank Him for the things He reveals to you.

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### **2 Corinthians 2:14** ESV

*But thanks be to God, who in Christ always leads us in triumphal procession, and through us spreads the fragrance of the knowledge of Him everywhere.*

When God is leading us and is functional Lord it means that in every area of our lives (relationships, the workplace, finances, volunteering in ministry, our private thoughts, etc.) we are blessed to spread the fragrance of His reality and His life everywhere we go!

**Listening Prayer:** Ask the Holy Spirit to reveal to you 1 or 2 areas of your life that you need to grow in submission to His will. Confess, as necessary.

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**Prayer:** Tell Jesus, from your heart, that you desire to submit to Him every area of your life so that you can grow in becoming one who spreads His fragrance to those around you.

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