



The realities of urban life can make it a challenge to be connected meaningfully to our city. Prayer walking is one tangible way to get to know & serve our community & neighbors.

PRAYER WALKING...

- Roots us in the communities in which we live, work and socialize.
- Takes us out of the church “bubble” & places us into the world as a mission field.
- Gives us eyes to see & appreciate God’s beauty, grace, and glory in the city.
- Gives us hearts to ache for the city’s brokenness as we see socioeconomic problems up close and in context.
- Connects our plans to God’s purposes.
- Opens doors and hearts to the gospel.

PRAYER WALKING CHANGES...

- Neighborhoods into parishes;
- Believers into missionaries;
- Homes into ministry centers;
- Churches into the crossroads of kingdom renewal!



Keep it small – go in pairs or by yourself.

Be aware of Jesus’ presence with you. As you walk, try to **see the city through Jesus’ eyes.**

Pray as you walk, eyes open. Stop at landmarks.

If praying with a partner, **pray out loud.**

Pray **audibly** so they can pray along in spirit.

Pray **brief** prayers. Pass it back & forth.

Pray **Christ-centered.**

Pray **Con conversationally** off each other’s prayers to focus on specific themes.

Pray for:

- Critical needs: social, political, economic, spiritual.
- Critical crossroads & intersections.
- Cultural influencers: businesses, public services, schools, galleries, theatres, media, etc.
- Churches and Christians to be good neighbors who love & serve the city

- People: friends, neighbors, colleagues, workers, residents, passersby, major people groups.
- Peace and safety: protection against crime, conflict and unrest.

START

- Start with prayers of praise, remembering that Jesus is the present Lord of this place.
- Ask God to guide your prayers, and to give you the eyes to see what he sees.
- Confess fears, weaknesses, lack of concern for those “outside”.
- Ask God to give insight into his good plans for the city. Ask to fit into his plan.
- Ask for open doors & opportunities to love & serve the people of this community.
- Ask for courage to love as Jesus loves.
- **Pray for revival!**

DEBRIEF

Talk with God and each other about what you saw and heard.

- What surprised you?
- What encouraged you?
- What made you uncomfortable?
- What did you struggle with?

REFLECT

1. What describes your relationship to the city?

caring < ----- > indifferent

active < ----- > idle

involved < ----- > detached

recognized < ----- > anonymous

This prayer walk guide is courtesy of <https://mainstreetchurch.ca>