

Scripture Journaling Method

Using the same verse for a whole week will help you find the “meat” in the Word and commit the verse to memory. At the end of the year, you will have memorized 52 verses.

Day 1 – Read and Reflect

- Pray that God will open His Word to you.
- Read the verse at least once.
- Think/meditate for a full minute (or longer); use a timer.
- Write the verse and your first impressions in your journal.

Day 2 – Key Words

- Pray that God will open your eyes to the key words in the verse.
- Read the verse at least once.
- Pick out two or more key words
- Define the key words (Google them or use a dictionary as needed)

Day 3 – Visualize

- Pray that God will open the eyes of your mind to see His Word clearly.
- Read the verse.
- Say as much of the verse as you can from memory.
- Write the verse.
- Be creative – draw, use calligraphy, or just emphasize one or two of your key words with bold letter or different writing styles

Day 4 – Repeat (and Repeat)

- Pray to the Holy Spirit to write these words on your heart.
- Read the verse aloud three times.
- Write the verse three times – from memory, if you can.

Day 5 – Pre-Test

- Pray that God will help you remember what you have done so far and give you even more from this verse.
- Write the verse from memory.
- Write as many keywords as you can recall without looking back.
- Connect to previous or next verse (if applicable) with 2-3 words.

Day 6 – Paraphrase

- Pray that the Holy Spirit will give you a deeper understand of the verse.
- Write the verse in your journal.
- Write the verse again in context – with the 2-3 connecting words from the previous/succeeding verse(s).
- Paraphrase the verse (write it in your own words).

Day 7 – Final Exam

- Pray that God will use this week's verse in your life and prepare you to learn the next verse.
- Write the verse.
- Answer the DBS questions in your journal:
 - What does the verse tell us about God? What is God saying to us
 - What does it say about people or culture – then and now?
 - What does He want ME to do with what I have learned from this verse?