

## Vocal Tools

*Disclaimers: As shared in the seminar, with all of the videos, please pay attention to your body. If you feel pain in your throat/vocal cord area, or other parts of your body, discontinue the exercise. We are not medical or professional experts, and are only sharing from our own personal experience and education. Professional assistance may be required for your personal situation.*

Greetings! As discussed in our singing workshop, here are some helpful online tools to aid in your voice cultivation.

### **Beginning - Understanding Diaphragm Breathing**

[https://youtube.com/playlist?list=PLKVb\\_3K1MGcXX7fQkHMEbjqOPizlOqla](https://youtube.com/playlist?list=PLKVb_3K1MGcXX7fQkHMEbjqOPizlOqla)

These videos will help you further understand the delicacy and inner workings of the vocal cords and diaphragm.

### **Beginning - Diction Exercises**

[https://youtube.com/playlist?list=PLKVb\\_3K1MGcXWK\\_Nz\\_hN43kQzNLVR3pGV](https://youtube.com/playlist?list=PLKVb_3K1MGcXWK_Nz_hN43kQzNLVR3pGV)

Use the exercises to help you pronounce words well and get lips nice and limber. The more teeth you show, the better!

### **Intermediate – Scales**

[https://youtube.com/playlist?list=PLKVb\\_3K1MGcXSvIJHuzbsPtHcOI4wJT6o](https://youtube.com/playlist?list=PLKVb_3K1MGcXSvIJHuzbsPtHcOI4wJT6o)

Practice singing these scales using different Italian vowels. Find the scales that work for your current vocal range and slowly move higher or lower toward your desired goal. Start simple and move on to more complex scales. For some exercises, you may have to initially start the scale and not finish it. As always, be sure to use proper breathing and diaphragm support.

### **Advanced - Instrumental Backing**

**Tracks** [https://youtube.com/playlist?list=PLKVb\\_3K1MGcU4qhrPr4wYZ\\_5puldyjQve](https://youtube.com/playlist?list=PLKVb_3K1MGcU4qhrPr4wYZ_5puldyjQve)

Developing Your Ear – Pick out different individual notes that you hear in the track, and sing the notes you hear, using Italian Vowels. Practice singing up and down the scale of the notes you hear. To grow, practice with the different styles and different song keys.

Breath – See how many notes you can sing on the scale before taking your next breath. Over time, challenge yourself by increasing the number of notes you can sing on the scale.

Power – Experiment with various levels of volume by applying a quick push of internal pressure to the diaphragm and also opening the mouth wider.

Resonation – You can sense various areas of sound resonance as you slightly adjust your head and posture.

Ad-libbing – Instead of using just Italian Vowels, try singing words connected to a theme of your choice. For ideas on words related to your theme, think WHO, WHAT, WHERE, WHEN, WHY, and HOW. Still apply the concept of Italian vowels to your words.

Feel free to reach out with questions, or, for those of you joining choir, you can always chat with me after rehearsal for any vocal guidance I can provide.

Some great online vocal coaches you can find on YouTube are:

EricArceneaux (Male)

SingGeek (Female)