

NAME:

DATE:

DRAW IT!

Draw a picture of things that make you think of being calm and relaxed.



Week 2: Resting in God

Mary and Martha

The BIG Idea: When life is full of stress, I can always come to God for rest

Bible Basis: Luke 10:38-42

Power Verse: "He lets me rest in green meadows; he leads me beside peaceful streams."—Psalm 23:2



JOURNAL IT!

Write down things that stress you out!



READ IT!

Read Luke 10:38-42. Draw a picture of the story, or write to God your favorite part of the story. Tell Him why you liked it.



FOR FUN!

G J N K K K W M Q Q E A P A I
M Y E W M R I O Z W X E D G E
H A L S E W N I R O I M A R Y
Y N R T U E V P F R X P V G P
U C S T K S E Z R K I P K T R
I I R A H N E E D E D E R H E
S J T D L A U P S E T Y D I P
B D I S C I P L E S R V T N A
E F R R V U N R E M A D E G R
T E W H H I C H O S E N D Q A
T A F E E T L W G E D E S L T
E S S L Q U M L F G D C O G I
R I L P Y C Y H A E N F O T O
K A W O M A N T E G U X A S N
E Z D N J S H N H Q E N F Q P

VILLAGE	THING	MARTHA	FEET	HELP
SISTER	PREPARATION	WORK	NEEDED	BETTER
WOMAN	UPSET	JESUS	TAKEN	NEEDED
DISCIPLES	WORRIED	MADE	MARY	CHOSEN

PRAY IT!

Write a prayer to God. Spend time taking the things that stress you out to Jesus!

