



Philadelphia Church

People Connecting to God

www.pcseattle.org

Dear church family,

Most of you are undoubtedly aware of the recent world-wide attention that has been paid to the **COVID-19** virus (aka: *Coronavirus*). On a global scale, the lives of many people and their families have been impacted by the loss of life and the disruption of their daily activities. We have been focusing our prayers on those who have been impacted both locally and around the world.

While we are all concerned about this outbreak, the Word of God repeatedly instructs us not to fear. We encourage you to draw comfort from the Scriptures and walk closely with the Lord. In so doing, we are promised peace and rest (*Matthew 11:28-29*). Meditate on Psalm 91 which begins with these precious verses: *Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust."* As we abide in Him, His grace is will sustain us. From this place of intimacy with the Lord, He can use us to bring comfort and hope to others.

Here at the church, we have instituted additional cleaning measures to minimize the spread of germs of any kind. The Centers for Disease Control (CDC) has posted the following everyday preventative measures to prevent the spread of respiratory diseases, including:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
 - Follow CDC's recommendations for using a facemask.
 - CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
 - Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. The use of facemasks is also crucial for health workers and people who are taking care of someone in close settings (at home or in a health care facility).
 - Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- The elderly and those with chronic health conditions should take additional precautions to reduce the risk of exposure.

Additional information about the disease, including its prevention, and treatment can be found at The CDC website at www.cdc.gov.



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Please join us in prayer with the Philadelphia Church family and Christians around the world that God – who was not caught off guard by this disease – would bring peace, wisdom, and health to us and all those who have been impacted by the Corona virus. Let's also pray:

- That God would display His mercy and His power, drawing people to Himself in this difficult circumstance.
- That God preserve the health and safety of those serving in affected areas.
- That God would stop the spread of this disease.
- Against fear, knowing that "God has not given us a spirit of fear, but of power and of love and of a sound mind." *2 Timothy 1:7*
- That God would give wisdom to our leaders.
- We will continue to closely monitor the status of this outbreak. You can follow any changes to the schedule of events at the Philadelphia Church website and the cell phone app, as well as the social media sites Facebook, Twitter and Instagram. We are in this together. The leadership team here at Philadelphia Church is here to serve you. You are not alone and do not need to let fear take over. Let us all pray for and care for one another.

I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust."

Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge. *Psalms 91:2-4*

Grace and peace from God our Father and the Lord Jesus Christ.
Blessings!

The leadership team of Philadelphia Church.