

SPIRITUAL HABITS

S.O.A.P. Sample



SCRIPTURE

When the two disciples heard him say this, they followed Jesus. Turning around, Jesus saw them following and asked, "What do you want?" They said, "Rabbi" (which means "Teacher"), "where are you staying?" John 1:37-38



OBSERVATION

John the Baptist points out to two of his disciples who Jesus is, the Messiah. The two disciples leave John and start to follow Jesus. They follow Jesus because He is worth following and they want to learn from Him. Jesus responds by asking them what they want.



APPLICATION

It's the beginning of 2020 and the 21 Days of Prayer and Fasting. I want to grow in my relationship with Jesus this year and learn to follow him more closely. What is it that I want from Jesus, or better yet, what does Jesus want from me this year? I will take the next 21 Days asking - "Jesus, what do you want from me in 2020?"



PRAYER

Father, thank you for your love for me. Thank you that my relationship with you is based solely on your grace and mercy. As 2020 begins, I want to follow you more closely. So, I want to simply ask . . . "What is it you want from me this year?"