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DISCIPLESHIP GROUPS OVERVIEW¹

Discipleship Groups are intended to be simple so we can press deep into obeying all that Jesus commanded. They are groups of 3-4 people of the same gender that meet regularly to do 3 things:

HEAR & OBEY (15 MINUTES)

- Each person shares what they have been learning in and being convicted of by God's Word.
- We commend the "Swedish Method" of Bible reading that can be used to share with your group how the Spirit has been leading and meeting you in Scripture, using the same passage as the last sermon:
 - **Light Bulb** – What impacted you most or stood out to you in the passage?
 - **Question Mark** – What is difficult to understand in the passage? Or, what would you want to ask the author or God about the passage?
 - **Arrow** – What application does the passage have to your life? What is it calling you to believe, repent, do, respond?

REPENT & BELIEVE (30 MINUTES)

- Each person spends time repenting of their sin and believing the gospel.
- Share with one another how you have sinned against God this past week. The accountability questions below are a helpful tool and will give you some questions to consider. Be specific, and also share your heart motivations behind the sin.
- After sin has been confessed, spend time speaking out loud to yourself and to one another the good news of Jesus' work for us. Hearing the gospel spoken out loud enables us to believe the gospel is good news for us!

CONSIDER & PRAY FOR NON-CHRISTIANS (15 MINUTES)

- Each person shares opportunities they have to share the gospel in the coming week.

¹ This framework is adapted from Austin Stone Community Church's overview for Life Transformation Groups

- Talk about how your relationship and spiritual conversations have gone with your non-Christian friends. Share how you plan to weave this person into your community. Then pray for them by name for God to save them.

ACCOUNTABILITY QUESTIONS

These questions are a starting point for your Discipleship Group. Develop your own over time!

- How has your anger or fear or anxiety or addiction shown up this week? How does that reveal what you're trusting in besides God?
- How have you wasted time?
- How have you felt yourself resisting obeying God this week: in your mission to the lost? In your sacrificial love for community?
- In light of God's love toward you, do you need to reconcile with somebody? Are you subconsciously holding a grudge?
- How have you battled sexual or intimacy temptation, and how are you preparing to deal with it next week?
- How has the Holy Spirit been testing and growing you this week? Did you respond in faith or grumbling?
- Is anything (school, work, technology, etc.) isolating you from important relationships?