



## Family in Focus Game Guide Day 4

Activity - The Greatest Shot (5-10 min)

## **Supplies**

An empty bin, plates and colored balls, prepared tape lines

## Instruction

- Make sure the empty bin is set at one end of your space
- Tape where participants should stand
- Divide the participants into two teams.
- Explain how the game will be played. You can choose from the following options or come up with your own.
- Teams take turns sending members to shoot one ball and one plate shot from the line of their choice.
- One team shoots as many times as they can for a certain time period (you choose). Then the other team takes a turn.
- Just before you begin, tell participants that they can try to silently distract the members of the other team without actually getting between the shooter and the bin.
- The team with the most points wins. One point per ball or plate in the bin.

## **Discussion**

"Great job! You guys are really good at this game and should start playing some basketball. In this game, you had to focus on what was most important, even with all the distractions. In real life, there are many things that can distract us from what is most important. Jesus made it simple by telling us the most important things to focus on: loving God and loving others. You can LIVE for God by loving others. When we love others, we show our love for God. Talk about when someone showed you the love of Jesus and how it made you feel. When we show people the love of Jesus by how we treat them, we can point them to Jesus. One of the best ways to LIVE for God is by loving others.

What is a distraction? Are they hard to deal with?