



Family in Focus Game Guide - Day 2

Activity - Tower Up (5-10 min)

Supplies

Cups (15-20), Floor Tape, Timer (phone or counting)

Instruction

- Divide into 2 groups if possible.
- Tape a start line on the floor for the teams to line up behind.
- Place a stack of cups at the start line for each team.
- Give a time limit for this relay, depending on how many participants or blocks/cups you have.
- On your "Go," the first player on each team will grab a cup and then run down and place their cup to start building a tower.
- Once the first player places their cup, they must call out, "Next," so the next person can come and place their cup. After calling "Next," the player returns to the end of the line. The next person will do the same and this will continue until the time is up.
- If the tower falls, the team can rebuild it using the same rules to go through the line.
- The team with the tallest tower at the end of the time limit is the winner.
- If you have one team, make a few attempts and try to beat your previous score (cup count).

Discussion

"Today we are talking about how listening to God makes us wise. In our game today, we had to wait to hear someone tell us to go before we could go and add to the tower that had been started. You had to focus on hearing your teammate, so you could build the tower.

"The same is true when it comes to hearing from God. When we wait to HEAR from God, then we make wise decisions. The amazing thing is that **"You can HEAR from God"**. You can hear from God through reading the Bible, praying, and even talking with other people who follow Jesus. Just like in our story today, when we listen to God's Word and obey, we can be like the wise builders who built on the rock."