



# Family in Focus Game Guide Day 1

Activity 1 - Speed Search (5-10 min)

### **Supplies**

Box/bin, Colored balls, Floor tape, Timer (can use phones or just counting)

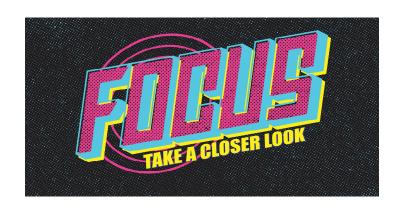
### Instructions

- Tape a line on the floor to determine the starting line.
- Place the red items in the box or bin, and then dump the rest of the colored items on top of them. Place the box or bin at the other side of the room or a determined distance away.
- Divide the participants into teams and have them line up behind the starting line.
- Tell them the time limit for the game (we suggest an amount of time that allows each participant only a few seconds at the bin).
- Explain that there are a limited amount of red items in the bin. Red items are worth 50 points, and all other colors are worth 15 points.
- On your "Go," the first participant on each team runs to the bin and grabs balls from the bin
- When they bring the object back, the next person in line takes a turn.
- After taking a turn, participants can return to the end of the line.
- At the end of the time period, total up the teams' points: red objects are worth 50 points, while all the others are worth 15 points.

### Discussion

"In today's Bible story, we talked about how we can see God in creation. We can see God's eternal power and divine nature in creation. In this game, you had the option of taking time to search for the red object or just quickly grabbing another one that was not worth as many points. If your focus was completely on the color red, without getting distracted, you probably could have quickly found the red and received more points. You needed to "FOCUS on what you can see".

When you focus on the things you can see that God has done or created, it helps you believe in the God you can't see.





# Family in Focus Game Guide (Page 2) Day 1

Activity 2 – Focus on Me (5-10 min)

### **Supplies**

None

### Instructions

- Show the participants a sign (touch your nose, hold up a couple fingers, etc.).
- The game is played like "Simon Says," but the sign will be made instead of saying, "Simon says."
- The participants are to do what you say ONLY when you are also making the sign.
- If you're not making the sign and someone does what you say, he or she is out.
- The last participant standing becomes the leader for the next round.

### Discussion

In this game, you had to "FOCUS on what you can see", not on what the leader was saying. "In our lives, we are going to have a lot of things that draw our attention away from the things God has for us, but in those times, we need to get our focus back on God. We need to FOCUS on what we can see that reminds us of God, who cares for us, who loves us, and who promises to always be there for us. When you focus on the things you can see that God has done or created, it helps you believe in the God you can't see."

<u>Ask</u> (Decide which question best suits your family)
Preschool: What makes you happy? Do you like sunshine or clouds? Rain or snow?

Elementary: How can you focus? My favorite place to experience God in creation is \_\_\_\_\_. What is your favorite place to experience God in creation?

Preteen/Adults: What is one of your favorite places to look to remind yourself of how God created the world? Where are your favorite places to focus on the things that God has done for you?