

Determination

DECIDING IT'S WORTH IT TO FINISH WHAT YOU STARTED

BOTTOM LINE:

Keep going even when it gets tough.

The goal for this week is for you to help your kiddos learn that God helps us to keep going even when it gets tough! When we become followers of Christ we get the amazing gift of the Holy Spirit. The Holy Spirit is always with us and will help us to keep going even when we want to quit, he also empowers us to spread the gospel of the kingdom and advance God's mission. Here are some discussion topics and an activity centered on the lesson for this week. The discussion topics are ideas that can act as a starting point for you. Feel free to add in ideas to make it your own – nobody knows your kids better than you! The answers are given as a guide, but see what you and your kids can come up with. Encourage your kids to give an answer even if they are unsure.

DISCUSSION TOPICS

1. Have your kids say this with you: God helps us to keep going even when it gets tough!
2. Parents, ask your kids: What are some tough things you have faced?
3. Parents, ask your kids: How do you think God helped you to overcome those tough things
Or how can he help you overcome them in the future?
4. Parents, tell your kids about a tough thing (or things) you have faced and explain how you relied on God. Or tell them how you plan to rely on God for any future obstacles you may face.
5. Say the monthly memory verse together:

“Let us not become tired of doing good.

At the right time we will gather a crop if we don't give up.”

GALATIANS 6:9, NIV

6. Ask your kids: What does “gather a crop” mean in this verse?
(To get good things by trusting in God and not giving up.)
7. Peter and John were brave because they had the Holy Spirit. How do you think the Holy Spirit helped them?
(The Holy Spirit gave them courage and helped them to be bold in front of the religious leaders).

Determination

8. Do you think the Holy Spirit also gave Peter and John the courage to spread the gospel, or the good news of Jesus?

(Yes, he did! The Holy Spirit helped Peter and John to tell others about Jesus so that God's kingdom could grow!)

9. How did Peter and John heal the man who was crippled?

(Through the power of the Holy Spirit in them!)

10. Do you think that what Peter gave the man was better than silver or gold?

Why or why not?

(Yes! Silver and gold only last for a while, but the name of Jesus lasts forever!)

Weekly Activity – When the Going Gets Tough

Below is a list of some challenges.

The goal is to try and hold each one for 30-seconds (for both kids and adults!). Get out your timer and have everyone in the family give it a try. If anything, it will make for a good laugh!

Ready, set, go!

(Remember, 30 seconds is the goal for each one!)

- Stand on one foot
- Stand on one foot WITH your arms crossed
- Touch your toes
- No blinking
- Attempt to touch your nose with your tongue • Spin around
- Stand like a statue
- Hold your breath
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Great determination!

How can we really find the determination to “stick with it” in real life challenges?

That's right, we go to God.

We take the things that feel hard and He will give us what we need to stick with it!

Ask God to help you keep going even when it gets tough!