

## Understanding the Terminology

**Point of Contact (P.O.C.)** – Tracy Ward has volunteered to be responsible for contacting the Arkansas Department of Health hotline when a Confirmed Positive is identified within the agency. She will work with the positive case to identify Probable Close Contacts within the agency. She will share information with, and be the liaison between, the agency and ADH. She will be accessible after hours and weekends.

**Probable Close Contact** - Identified individuals that have likely been within 6 feet for 15 cumulative minutes or longer within a 24-hour period to a person who has tested positive for COVID-19. This person will be expected to self-quarantine immediately for 14 days from the last date of contact with the positive case and await their Close Contact status to be confirmed by the Arkansas Department of Health Contact Tracer. It is recommended that all probable close contacts get tested for COVID-19, but individuals must complete the 14 days of quarantine even when the results are negative.

**Close Contact** - An individual confirmed by ADH Contact Tracing who was within 6 feet for 15 cumulative minutes or longer within a 24-hour period to a person who has tested positive for COVID-19 during the infectious period. The Close Contact will be required to self-quarantine for 14 days from the last date of contact with the infected person. It is recommended that all close contacts get tested for COVID-19, but individuals must complete the 14 days of quarantine even when the results are negative. They will be in contact with ADH for the duration of the quarantine period.

**Secondary Contact** - An individual who has had contact with someone identified as a Close Contact to a person who has tested positive for COVID-19. These individuals do not require quarantine.

**Quarantine** - Required for someone identified as a Close Contact to a positive case of COVID-19. This person must remain at home and avoid all public activities for 14 days from the last date of contact with the positive case. The incubation period in which symptoms of COVID-19 could develop is considered 14 days.

**Case Investigator** - A nurse from the Arkansas Department of Health (ADH) will be assigned to the case of the confirmed positive. This nurse will maintain communication with the positive case throughout the quarantine period, and issue an official ADH letter of release when the individual is ready to return to work.

**Contact Tracing** - ADH contact tracers reach out to COVID-19 patients shortly after a positive test result is confirmed in order to identify the close contacts. The P.O.C. will work with other employees to identify Probable Close Contacts within the agency and share names and contact information with the ADH Contact Tracer upon request.

**Incubation Period** - The period between exposure to an infection and the appearance of the first symptoms.

**Infectious Period** - A person who has tested positive for COVID-19 is considered infectious 48 hours before symptoms began or before the positive test was collected if the person never developed symptoms.

**Symptomatic** - Exhibiting or involving symptoms of an illness. Symptoms for COVID-19 may appear 2-14 days after exposure to the virus.

**Asymptomatic** - Testing positive, but not producing any symptoms. COVID-19 transmission in the absence of symptoms reinforces the value of measures that prevent the spread by infected persons who may not exhibit symptoms despite being infectious

**Community Spread** - People have been infected with the virus in an area, including some who are not sure how or where they became infected. The level of community spread within the State of Arkansas will be determined by the ADH. Factors used in determination may include active cases or growth rate within the community or region.