

# Sermon Notes

## WALKING IN HUMILITY

January 2022 | Pastor Susanne Klov Dahl

Today we will talk about walking in humility. That is not an easy topic, because generally when you teach on something it is because you know it well, you have lived it, or you are an expert in it. Well, let me say right from the get-go, that neither of these are true for me. In fact, the reason I want to talk about humility today is because I have realized in this season that it is not something that I truly understand and I certainly don't live out completely. This led me to a study on humility (and pride) and what it means to humble ourselves towards others and before God.

**1 Peter 5:5-7** - *All of you, clothe yourselves with humility toward one another, for "God is opposed to the proud, but gives grace to the humble". Therefore, humble yourselves under the mighty hand of God, that he may exalt you at the proper time, casting all your anxiety on Him, because he cares for you.*

### PRIDE VERSUS HUMILITY

#### Pride

- Pride was the first sin (Isaiah 14:12-14)
- God hates pride (Proverbs 6:16-17)
- God will punish pride (Proverbs 16:5)

C.J. Mahaney, author of the book "Humility", describes it this way, *"Pride is when sinful human beings aspire to the status and position of God and refuse to acknowledge their dependence on him."*

#### Humility

C. J. Mahaney defines humility in this way, *"Humility is honestly assessing ourselves in light of God's holiness and our sinfulness."*

- God regards the humble (Isaiah 66:2)
- God honors the humble (Proverbs 29:23)
- God rewards the humble (Proverbs 22:4)

### HUMILITY TOWARD ONE ANOTHER

- Put on humility (Philippians 2:3; Romans 12:16)
- Characteristics of a humble person

A humble person is teachable, at peace with themselves and others, grateful, slow to offend and quick to forgive, asks for help, treats everybody with respect, is patient, recognizes their own limitations, and celebrates the accomplishments of others.

### HUMBLING OURSELVES BEFORE GOD

Humbling ourselves is something that we need to actively pursue. Here are a few ways that we can humble ourselves before God:

- Fasting (Psalm 35:13)
- Prayer & Repentance (2 Chronicles 7:14)

### JESUS, THE ULTIMATE EXAMPLE OF HUMILITY

- Jesus taught the disciples humility (Mark 10:43-45)
- Jesus made the ultimate sacrifice of humility (Philippians 2:8)

### APPLICATION

During these 21 days of prayer and fasting (we are almost halfway through that) it is my hope that you will take an honest look at areas in your life where pride has crept in and you have not walked in humility. Learning to walk in humility is a process that does not happen overnight. Let the Holy Spirit convict you of your pride and with his help show you a different way.