



Foundation 101(F101)

BELIEVING **IN** **CHRIST**

A DISCIPLESHIP HANDBOOK

BIBLE CENTRED LIFE MINISTRIES

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A WORD FROM DR. SAMUEL J. ISONG, BIBLE CENTERED LIFE MINISTRIES, PORT HARCOURT, RIVERS STATE, OYIGBO, NIGERIA

Beloved in Christ, it is exciting experience to us the Bible Centered Life Ministries being a part of God's instrument to building your Christian life and walk on earth. God has called us as a "disciple making ministry." In our continuous submissive and obedient walk with God, we will reach our every neighborhood in the community and every continent of the world in view of finishing the Great Commission. We believe commitment to the great commandment will definitely enhance us to fulfill the Great Commission. Our ultimate goal is to disciple you to disciple another and therefore impacting your world for Christ. So we cannot do without you. Your intentional cooperation and yielding to the needs and demands of discipleship will help us make huge and fast success. This intentional cooperation and yielding includes:

1. Availability
2. Outside Reading
3. Assignments
4. Practical working on others as the process of discipleship demands.

This training manual is designed to introduce and welcome you to the discipleship walk with God. The lessons are simple and very practical for easy assimilation to a willing prospectus disciple – give all your time to it as if that's all your life depends on, which indeed it is. We are looking toward seeing your life changed, your behavior transformed as you yield to the way and life of Jesus and to see you grow to full maturity and habitual person in the kingdom lifestyle and impacting the world for Christ. It's possible! The need of the Kingdom is to disciple the teeming population coming to Christ daily around the world. Please get ready and be willing to join in this journey. Every disciple is a student at all levels.

MILLSTONES TO DEAL WITH

1. In a world of breaking covenant, promises and inconsistency, you have to deal with a millstone of unfaithfulness. To be faithful is victory over the battle of unfaithfulness. So be a winner to be FAITHFUL, to classes, to teachers (disciplers) and fellow disciples.
2. In a busy world today where AVAILABILITY and COMMITMENT are problems, you have to fight the millstone of unavailability. To be AVAILABLE is victory over the battle of unavailability. Be a winner by being available to classes, to your disciplers whenever you are needed.
3. In the 21st century of pride, growing knowledge, diverse ideologies and deliberate choice of teachers with itching ears, it takes a meek and teachable person to be willing to settle down in a process of time to be taught and complete a course of study, especially in Christendom. It takes victory over the battle of PRIDE to be teachable. Be a winner by being TEACHABLE so that Christ will take you to the height of your life through human vessels. Blessed are you that hear this thing if you do them.

KUDOS:

Dr. Samuel J. Isong

FOUNDATION 101 (F101)

BELIEVING IN CHRIST

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BELIEVING IN CHRIST

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F101-001

REPENTANCE

TEXT: LUKE 13:1-5

M/V: MARK 1:15

"The time is fulfilled, and the kingdom of God is at hand. Repent, and believe in the gospel."

LESSON OBJECTIVE: To enable learners to understand their part in the plan of salvation and know God's value for a deep inward change that makes a sinner turn from his sin unto God and be qualified for heaven.

INTRODUCTION: Repentance is the means of returning back to God, the Father and true owner of yourself. *"Assuredly, I say to you, unless you are converted and become as little children, you will by no means enter the kingdom of heaven."* (Matt. 18:3) God values the inward change so much- the act of change from sin, from Satan to God through Christ. Refusing to repent is to neglect the salvation of God- Heb. 2:3

1. What is repentance? Repentance is turning from sin, from Satan to God. It is a deep inward change in the mind of a sinner that makes him turn from sin unto God. True repentance results in the following:

- (A) Confession of sin (1John 1:9; Ps 38:18)
- (B) Forsaking of sin (Isaiah 55:7; Prov. 28:13)
- (C) Turning to God (1 Thess. 1:9; Acts 26:18)

True repentance makes a sinner to hate sin and sees sin and its penalties as GOD sees it. There can be no repentance without the help of the Holy Spirit producing conviction in the heart of the sinner (John 16:8-11). Is repentance a new word? No. The Word repent dates back to the Old Testament time till now. God warned Israel to repent (Ezek. 14:6). John the Baptist's message was repent (Matt. 3:2). Jesus began His ministry by saying repent and believe (Mark 1:5). The apostles preached it (Acts 2:38); Apostle Paul preached it (Acts 17:30-31). God desires all men everywhere to repent.

2. FOUR THINGS IN YOUR LIFE THAT MUST BE INVOLVED IN REPENTANCE

- (A) **YOUR MIND** (Matt. 21:28-29). You change your attitude towards sin.
- (B) **YOUR EMOTIONS** (Matt. 26:33: 14:15). You have to feel bad, ashamed before God and turn to Him.
- (C) **YOUR WILL** (Luke 15:18). True repentance must affect your head, your heart, your will; it goes into your feet. Your head, your will, your feet. You step out of sin to God.
- (D) **YOUR FEET.** (Luke 15:20) True repentance must affect your head, your heart, your will, and your feet. You step out of sin to God.

GROUP DISCUSSION/OBSERVATION

1. What do you think is the first step a man takes on his way back to God?
2. Why is repentance necessary for obtaining salvation?
3. What is repentance? Have you really experienced it? Yes/No
4. What are the four steps repentance invokes in a man's life?
5. What do you think is the reason repentance does not attract fierce persecution as it was in the days of old?

ASSIGNMENT

1. True repentance results in three things; what are those things?
2. Is repentance a new thing? Explain
3. Explain your experience since you had this teaching.

There were present at that season some who told Him about the Galileans whose blood Pilate had mingled with their sacrifices. ² And Jesus answered and said to them, "Do you suppose that these Galileans were worse sinners than all *other* Galileans, because they suffered such things? ³ "I tell you, no; but unless you repent you will all likewise perish. ⁴ "Or those eighteen on whom the tower in Siloam fell and killed them, do you think that they were worse sinners than all *other* men who dwelt in Jerusalem? ⁵ "I tell you, no; but unless you repent you will all likewise perish."
(Luke 13:1-5 NKJ)

F101-002

SALVATION BY GRACE THROUGH FAITH

TEXT: ROMANS 10:9-10

M/V: EPH. 2:8-9

For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast.

INTRODUCTION:

Many people think their own good works save them. They live a good moral life; they practice penance and self-denial. They give alms and say prayers, they visit the sick and imprisoned and perform many long pilgrimages and afflict their bodies. And this way they expect to get to heaven. They work for salvation, whereas God tells them to work out their salvation, meaning live it out, when you've gotten it. If good works could save them, then Christ had died in vain; salvation is a free gift of God. (Rom. 6:23)

OUTLINES:

1. ALL MEN HAVE SIN
2. THE MEANING OF SALVATION
3. THE PALCE OF GRACE AND FAITH IN SLAVATION

ALL MEN HAVE SIN

The human race is rushing down a precipice towards destruction (Isa. 53:6). This why Jesus came to save them (Luke 19:10, Rom. 3:23).

THE MEANING OF SALVATION

Salvation is derived from a Greek word *SOTERIOLOGY*, which means REDEMPTION or DELIVERANCE from sin. It's preservation from the evil result of the fall of man in the Garden of Eden.

REDEMPTION INCLUDES:

1. Pulling away from sin (Heb. 9:26)
2. The bearing away of sin (John 1:29)
3. Purification from sin (Heb. 1:2). Cleansing from sin (1John 1:7) and forgiveness (Matt. 26:28, Eph. 1:7, Col 1:14)

(A) DELIVERANCE: Includes from the demonic powers who are the encouragers of sin (John 12:31; Col. 2:14-15; Heb. 2:14-15)

(B) Freedom from the law as a means of self-merited salvation (Rom.7:1-25; Gal. 2:15-21; Eph. 2:8-10; Phil. 3:7-10)

(C) Freedom from the fear of death because through Christ we've passed from death to life (John 3:15-16; 5:24; 6:5-11; Col. 3:4)

(D) Salvation through Christ is total rescue from the grip of sin's power.

(E) It is the enjoyment of a sound, wholesome existence.

(F) It is abundant life (John 10:10)

THE PLACE OF GRACE AND FAITH IN SALVATION

The scripture declares that salvation comes through the grace of God (Titus 2:11). God is the source of grace while Christ's death on the cross was the price of grace (Eph. 2:4-7; John 3:16; Eph. 2:13, 19)

(A) WHAT IS GRACE?

1. Grace is favor completely unmerited. It is favor or an offer without legal claims (Eph. 2:8-9).
2. Grace is God's riches at Christ's expense; visualized it in this acronym:

G- GOD'S

R- RICHES

A- AT

C- CHRIST'S

E- EXPENSE (Rom. 3:24-25)

Grace is the enabling power from God giving us the desire to do God's will.

(B) FAITH: Is total trust in God. It means to believe without shaking in your mind. Grace releases salvation while faith receives it. So, by grace we are saved through faith in Jesus Christ. (Rom. 11:6; Eph. 2:8-9; Rom. 4:6)

QUESTIONS:

1. What is salvation?
2. Explain what redemption does in a man.
3. Since this teaching, what is your experience?

“That if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. ¹⁰ For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.”

(Rom. 10:9-10 NKJ)

F101-003

ASSURANCE OF SALVATION

TEXT: Rom. 10:9-10

M/V: 1 John 5:13

These things I have written to you who believe in the name of the Son of God, that you may know that you have eternal life, and that you may continue to believe in the name of the Son of God.

INTRODUCTION:

Assurance of salvation is necessary if a believer is to help others spiritually. Many in the church do not know for certain that they are saved. It is like you are asked, "Are you married? Are you pregnant?" There is nothing like I'm a bit pregnant. Similarly, a person is either saved or lost. Either you are born again or not/ in Christ or outside. Salvation is a miracle change that delivers one from sin and reconciles him to God and makes him qualified for heaven, since our sins have been forgiven through the blood of Jesus Christ. Remember, salvation is a gift. (Eph. 2:8-9)

(A) DEFINITION OF ASSURANCE OF SALVATION

To have assurance of salvation is to be absolutely confident that one is saved and that if he dies, he immediately goes to heaven. It is being sure that one is possessing the Lord Jesus Christ. Salvation is eternal life; it is having the life of God; the divine life. If I possess eternal life, then I am saved for eternity. (John 10:28-29)

Read John 10:28-29 and answer the following questions based on what God has declared.

1. According to this scripture, in whom is eternal life found?
2. According to this scripture, who has eternal life?
3. Do you know that you have eternal life? On what basis?
(Read Rom. 8:32-39; John 10:27-29)
4. If you were to die tonight, how sure are you that you would spend eternity with God?
0%.....25%.....50%.....75%.....100%
5. Who may have assurance of salvation? (John 1:12; John 3:16)

(B) THREE EVIDENCES FOR ASSURANCE

There are three evidences that confirm that Christ is in your life. They are the basis for the assurance of salvation.

1. THE WITNESS OF GOD'S WORD

God has spoken with authority in His Word, the Bible. If you have heard His call and responded to His offer of eternal life through Jesus Christ, then you can be assured that you are a child of God. Read Rom. 10:9-11; John 1:12 and 1 John 5:10. Let the Word of God be the foundation on which you build a strong assurance of your salvation; not on feelings.

2. THE WITNESS OF THE HOLY SPIRIT

God has said that He would send His Spirit to dwell within you. There is an internal witness of the Holy Spirit. Read Rom. 8:16; 1 John 3:24; 1 John 4:13-16. When one is saved, the Holy Spirit speaks peace to the soul and grants an inner rest that confirms to the individual that he really belongs to Jesus now. The Holy Spirit gently whispers to your spirit "you are a child of God now."

3. THE WITNESS OF A CHANGED LIFE

Reflect on the many changes that God has begun in your attitude and actions. Can you pinpoint some in your group?

Read 1John 2:3-6. Everyone around you sees the change in you and that assures your heart that you are saved.

HINDRANCES TO AN ASSURNACE OF SALVATION

Since the Word of God and the Holy Spirit are so clear that it is possible to have the assurance, why do so few have assurance? To some it is as a result of listening to the lies of the devil to weaken them. But the acid test boils down to answering two questions. Now can you answer a definite "yes" or "no" to the following?

1. Have I received Jesus Christ as my personal Savior?
2. Do I truly believe in the Lord Jesus Christ? I

If your answer is yes, then on the basis of the Word of God you are saved. Other hindrances to an assurance of salvation include:

(A) Failure to trust the Word of God. If you are saved, pray that God will increase your faith in the Word of God

- (B) Worldliness leads to spiritual drowsiness. The love of the world chokes out the desires of God.
- (C) Lack of the fullness of the Holy Spirit (John 7:37- 39)
- (D) Sin and backsliding. The cure - confess your sins and start again.
- (E) Over-emphasis on doctrines like predestination, election, eternal security and carnality.

DISCUSS THE FOLLOWING QUESTIONS.

1. The facts about the Christian life are in the Bible. Do facts change?

2. What does the Bible suggest we use as a foundation for our Christian life? (Rom. 1:17; Heb. 11:6)

3. Define assurance of salvation in your own words.

4. What is salvation? Explain it in your own terms.

5. What three things is assurance of salvation based?

COMMIT YOUR LIFE BY FAITH:

READ Rom. 6:23 - By faith, have you crossed over to receive the gift of God, eternal life, by committing your life to Jesus Christ and asking Him to forgive you of your sins?

APPLICATION: DECLARE YOUR FAITH IN CHRIST

Telling others that you have trusted Jesus Christ for salvation and that you are His follower will give you a new sense of confidence and assurance. There are two ways in which you should declare your faith in Christ: personally and publicly.

1. Personally: Tell someone this week what Jesus Christ has done for you.
2. Publicly: Demonstrate that you are a follower of Jesus Christ by being baptized.

“That if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. ¹⁰ For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.”

(Rom. 10:9-10 NKJ)

F101-004

JUSTIFICATION, REGENERATION AND ADOPTION

TEXT: ROM. 5:1-11; EPH. 2:1-5

M/V: ROM 5:1

Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ.

INTRODUCTION:

Justification, regeneration, and adoption are the work of the Holy Spirit by which the repentant sinner experiences the spiritual change known as the new birth. A new nature is given and there is a re-installment with God and admission into the heavenly family.

OUTLINE/LESSON

1. WHAT JUSTIFICATION MEANS: Justification is a judicial act of God, declaring a repentant sinner legally righteous. It is an act of God in legally declaring righteous the sinner, who repented and turned to God with faith. (Luke 18:14; Rom. 5:11; Ps. 32:2; Micah 7:19; Acts 13:38-39)

REGENERATION: to regenerate means to make over, especially in a better form. To bring into existence again. To restore by the growth of new tissue. To be formed again. To become spiritually renewed- born again spiritually. Sin destroyed, scattered and brought us down.

2. THE BLESSING OF JUSTIFICATION

- (A) PEACE WITH GOD
- (B) ACCESS TO GOD
- (C) ASSURANCE FROM GOD
- (D) INDWELLED BY GOD
- (E) PRESERVED BY GOD

1. **PEACE WITH GOD:** Rom. 5:1 - the court battle is now over. The term of amnesty is signed; all troubles are over
2. **ACCESS TO GOD:** Rom 5:2 - the believer can now approach God because of his new standing. In the Bible, there is a distinction between our standing and our state. Our standing refers to our position in heaven and never changes. (1Cor. 15:1; 2Cor. 5:17). Our state refers to our condition on earth and may change (for better or worse) daily (Phil 2:19; Col. 1:7). Our standing now gives us blessed privilege even now to the New Covenant access to God's throne itself.

3. **ASSURANCE FROM GOD:** Rom. 5:3-4 - "*knowing that tribulation worketh...*"
 - a. Patience: Heb. 10:36; James 1:3, this leads to:
 - b. Experience: Ps. 94:12; 2 Cor. 1:3-5; Gal. 4:19, this leads to hope. There are two kinds of hope:
 - c. Earthly hope that is hoping to have
 - d. Heavenly hope- this one says, "I have a hope," that is having heaven as your hope

4. **INDWELT BY GOD:** Rom 5:5 - The love of God is shed abroad in our hearts by the Holy Spirit, which is given to us

5. **PRESERVED IN GOD:** Rom 5:6-11 - because of Christ's past work on Calvary's cross.
 - a. What did He do? Christ died for the ungodly (Rom 5:6)
 - b. When did He do this? When we were yet without strength, yet sinners, yet enemies
 - c. How did He do this? By His blood (Rom. 5:9)
 - d. Why did He do this? To show God's love (Rom 5:8); to save man from God's wrath (Rom 5:9)

QUESTIONS:

1. What is justification?
2. Explain the blessing of justification
3. Explain how Christ obtained total freedom for us.

CONCLUSION:

God did so much for us through the Lord Jesus. The redeemed are truly a qualified member of the family of God, with full privileges as a bonafide son of God. Are you one such? Hold fast to what you are; you are a treasure to the King of nations.

Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God. ³ And not only *that*, but we also glory in tribulations, knowing that tribulation produces perseverance; ⁴ and perseverance, character; and character, hope. ⁵ Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us. ⁶ For when we were still without strength, in due time Christ died for the ungodly. ⁷ For scarcely for a righteous man will one die; yet perhaps for a good man someone would even dare to die. ⁸ But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us. ⁹ Much more then, having now been justified by His blood, we shall be saved from wrath through Him. ¹⁰ For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life. ¹¹ And not only *that*, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received the reconciliation. (Rom 5:1-11 NKJ)

And you *He made alive*, who were dead in trespasses and sins, ² in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, ³ among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others. ⁴ But God, who is rich in mercy, because of His great love with which He loved us, ⁵ even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), (Eph. 2:1-5 NKJ)

F101-005

SANCTIFICATION

TEXT: LEV 20:7-8; JOHN 17:17, 19, 21-13; ROM 6:1-11

M/V: ROM 6:11

“Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord.”

INTRODUCTION:

Sanctification is a distinct doctrine in Christian faith and the importance of this doctrine cannot be over emphasized. In the gospel, it is an indispensable experience. It is an experience which every believer should seek for because that is the state where he is totally free from sin.

OUTLINE:

1. THE POWER OF SANCTIFICATION
2. THE PURPOSE OF SANCTIFICATION
3. THE PROCESS TO SANCTIFICATION

1. THE POWER OF SANCTIFICATION: The definition of the term sanctification and the description of the work it does makes sanctification a very powerful term and experience. *“Hagiasmos”* is a Greek word translated “sanctification” five times in the following passages: (1 Cor. 1:30; 1Thess. 4:3-4; 2 Thess. 2:13; 1 Pet 1:2) and “holiness” five times in Rom. 6:19-22; 1Thess. 4:7; 1 Tim. 2:15; Heb. 12:14. It conveys a powerful meaning of making a person or thing sacred, holy, to make free from sin, to cleanse from moral corruption and pollution, to purify from sin or free from the power of sin. Sanctification sets apart for sacred or holy use. Consecration and dedication are also identified with sanctification. At sanctification, the inbred, indwelled sin or sin nature in man is purged and cleansed and the heart is purified (1Thess. 2:14; 1 Thess. 5:23)

2. THE PURPOSE OF SANCTIFICATION: (Eph. 5:25-27; 1 Thess. 5:23). The sinner needs justification; the believer needs sanctification (John 17:14-20; 1 Tim. 2:19-21). Sanctification is the gracious act of God by which the sinner is declared righteous or justly free from the obligation to penalty and fully restored to divine faith from the standard dictionary. Some dictionaries define sanctification as the gracious work of the Holy Spirit whereby the believer is free from sin and exalted to holiness of heart and life.

Therefore, the purpose of sanctification is to enable the believer to be free from sin and exalted to holiness of heart and life. The believer cannot enjoy and experience the glorious beauty of the Christian until he is sanctified. Sanctification enables the believer to enter into true liberty in the Spirit, to experience real liberty in the Spirit, to experience real oneness with the brethren, to be filled with the fullness of God and to live the Christian life to the full. Another purpose of sanctification is to brighten up the dark understanding of the

earth. The heart is deceitful and desperately wicked; the mind and conscience defiles and the will enslave. The purpose of sanctification is to take care of this ugly situation. (Eph. 4:18; 1 Cor. 2:1; Jer. 17:9)

3. THE PROCESS OF SANCTIFICATION

- a. First of all the believer should know that he is called unto holiness (1 Thess. 4:7)
- b. That this call is not optional and that rejecting it is to despise and reject God. And to deny the call is to deny the definite plan and love of Christ towards him by the operation of His grace
- c. A strong desire for the experience must follow
- d. An undeniable prayer of faith will then bring down and affect the experience

CONCLUSION:

This experience called the second work of grace is so important that the believer must not allow the modern wave of teachings and lifestyle that opposes holiness in the church or confuse and destabilize him from believing, seeking, and receiving this great experience.

Questions:

1. Define the word sanctification

2. State at least three powers of sanctification you know
 -
 -
 -

3. Explain the process to sanctification

Consecrate yourselves therefore, and be holy, for I am the LORD your God. ⁸ And you shall keep My statutes, and perform them: I am the LORD who sanctifies you. (Lev 20:7 NKJ)

"Sanctify them by Your truth. Your word is truth. ¹⁸ "As You sent Me into the world, I also have sent them into the world. ¹⁹ "And for their sakes I sanctify Myself, that they also may be sanctified by the truth. (John 17:17-19 NKJ)

What shall we say then? Shall we continue in sin that grace may abound? ² Certainly not! How shall we who died to sin live any longer in it? ³ Or do you not know that as many of us as were baptized into Christ Jesus were baptized into His death? ⁴ Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life. ⁵ For if we have been united together in the likeness of His death, certainly we also shall be *in the likeness of His* resurrection, ⁶ knowing this, that our old man was crucified with *Him*, that the body of sin might be done away with, that we should no longer be slaves of sin. ⁷ For he who has died has been freed from sin. ⁸ Now if we died with Christ, we believe that we shall also live with Him, ⁹ knowing that Christ, having been raised from the dead, dies no more. Death no longer has dominion over Him. ¹⁰ For *the death* that He died, He died to sin once for all; but *the life* that He lives, He lives to God. ¹¹ Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord. (Rom 6:1-11 NKJ)

TRANSFORMATIONAL INDICATORS

BELIEFS AND BEHAVIOUR

A. A DISCIPLE BELIEVES JESUS AS SAVIOUR - A disciple believes in Jesus. (John 3:15-16; Luke 7:50; Rom 1:5, 23)

- i. A disciple believe Jesus is God (John 1:1, 14,41,49,50; John 4:42, 53)
- ii. A disciple receives salvation by grace (Rev 3:20; Eph. 2:8-9; Rev 22:17)

B. A DISCIPLE CONFESSES HIS SIN

- i. A disciple confesses his sin (Acts 19:18)
- ii. A disciple repents and receives forgiveness (John 8:11)

C. A DISCIPLE CONFESSES HIS FAITH

- i. A disciple confesses Jesus as God's Son (1 John 4:15, 2:23; Rom 10:9-10)

D. A DISCIPLE BELIEVES AND IS BAPTIZED

- i. A disciple, when saved, is baptized (Acts 9:18; John 4:1; Acts 2:38, 16:15; Acts 18:8, 16:33, 19:5, 8:12, 36; Matt 16:15)

E. A DISCIPLE KNOWS THE TRUTH

- i. A disciple learns to trust Jesus (John 4:50)
- ii. A disciple is exposed to some truth and they will not understand until later (John 2)

NOTES