

## Week 47 :: Community Values : Part 7 - Rootedness

### Daily Reading for Week

Philippians 1-2, Psalm 11  
Philippians 3-4, Psalm 12  
Colossians 1-2, Psalm 13  
Colossians 3-4, Psalm 14  
1 Thessalonians 1-2, Psalm 15  
1 Thessalonians 3-4, Psalm 16  
1 Thessalonians 5, Psalm 17

### Resources for Week

Sunday Sermon: 11/13/16 - [Slow Church \(We Value Rootedness\)](#)  
Read Scripture Videos: [Image of God](#) (themed video)  
Read John 15  
Bring warm jacket, umbrella/raincoat (if it's raining), pen and something to write with.

### INTRO TO DISCUSSION

For the past three weeks, we have focused on faith, humility, and hospitality. This week, we will be pondering our final value of rootedness. Rootedness is most difficult to practice in a singular group space. Whereas faith, humility, and hospitality all are postures that have practicable actions attached to them, rootedness, upon first glance, does not. For example, one can practice hospitality in a group by giving a person your full attention, or practice humility by speaking more or less depending on your natural proclivities. But how is one to practice rootedness? And what do we mean by rootedness?

Consider the description in Acts of the earliest group of Christ followers: "All the believers devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer." This, in tandem with John 15 which we just prayed through, are the core Scriptures in our understanding of rootedness. Rootedness as we define it means: 1) We are rooted in Jesus the good vine, and 2) We are practicing devotion to a community in a place.

Rootedness begins with us being rooted in Jesus — literally devoting our lives to the life-giving vine of Jesus (John 15), His life, teachings, commands, death and resurrection. To use The Message translation of John 15, it means "making our home in Jesus as he makes his home in us." This of course is no small task and itself takes a lifetime of practice. We need spaces where we as individuals can practice the way of Jesus in community with others. But rootedness moves beyond personal devotion to Jesus and moves towards devotion to others. It is a long-term commitment to a group of people, in this case, a community following Jesus.

Rootedness seeks to build in us the mental, emotional, and spiritual capacity for long-term commitment to a community in a place. This is incredibly counter-cultural, even offensive, to the ways we have been habituated to view Church. It means viewing your Church community as a community of obligation, not something you can opt in or out of

depending on how you feel in a given week. It is consistently practicing, interacting with, and living in your community as if it were your family — one you will be part of for the rest of your life. For most of history, most humans were stuck with the family, community, and place that they were born into. Unless you were part of a nomadic people or very wealthy, you were most likely to grow up, get married, have a family, and die in or near the same place and same community where you were born. But this has changed in the last two centuries. Author David Janzen writes, "The twentieth century will be remembered as an age of wondrous creativity, when Americans voluntarily shattered their lives into distant and dissonant fragments. America's industries learned how to assemble atomic bombs, airplanes, iPads and the genetic codes of life itself in the same era that American society disassembled the ancient overlap of family, food, faith and the field of work. Americans reached for the stars as they withered their roots, inhabited space but lost any sense of place."

In light of this, it is key to our understanding of rootedness to recapture a sense of what it means to be a member of a community and to have a sense of place. In our digital world, the fundamental definitions of commitment and participation have been changed to the point that we often consider ourselves to be "part" of a community (church/group/club/etc.) even if we rarely have face-to-face interactions with it. Instead of showing up in mind, soul, and body to participate in tangible relationships, we like an Instagram post, follow something on Twitter, or periodically receive newsletter emails from it. In other words, the perceived conditions of commitment no longer entail consistent physical presence but rather an inconsistent touchpoint (digital or in person, doesn't really matter) and vague adherence to the group identity (beliefs/interests/values). For example, I am "part" of a church because I commit to listening to its podcasts, generally agree with the teachings, and participate by liking its social media posts and showing up in person a couple times a year (if that). Rootedness directly challenges this understanding of commitment and participation.

Rootedness in groups is formed when we practice committing to and participating in a group as if we will be there for the rest of our lives. This may not be true — we might move in a year or two or three — but for any amount of time we are members of a group, we practice the value of rootedness by committing and participating in the group as if we will be there until we die. The hope is that this would form in us the capacity for rootedness so we are able to devote ourselves, in full commitment and participation, to whatever community Jesus eventually leads us to spend the majority of our lives in.

## LARGE GROUP DISCUSSION

Choose Your Own Adventure Rootedness Experience:

This week, we have two different exercises for you to choose from, both designed to help your group practice rootedness. Both exercises will take around 45-60 minutes with a 15-minute time to debrief your experience at the end. One option is taking a prayer walk around your group's neighborhood to consider how God is at work there. The second option is identifying communal ground rules beneficial to maintain for your group's well-being. Try to make the decision together as a CG about which exercise you would like to do.

### **Option #1 - "Consider" Your Neighborhood Exercise (75 minutes):**

*This exercise is meant to help you grow in your capacity to see both the beauty of God and the reality of brokenness in your neighborhood. The hope is, as the Holy Spirit opens your eyes to your surroundings and the people who are your neighbors, you would feel more rooted to the community which your groups calls home.*

Pray: Before you walk out the door, have someone pray. Invite the Holy Spirit to open your eyes to your neighborhood and your neighbors, giving you sensitivity to the beauty and brokenness of both.

Explore and Consider (30 minutes): As a community group, break off into small groups of 3-4. Spend 30-40 minutes walking around your neighborhood. Be shrewd and safe, but walk slowly and ask God to open your heart to the neighborhood and people around you. Ask that you would "taste and see that the Lord is good" as you notice details and people around you. Notice the beauty and the brokenness. Take note of anything in particular that causes you to experience a strong emotion, positive or negative. If an opportunity for conversation with a neighbor comes up, take it!

Reflect and Share (30 minutes): Come back together and reflect on your time. Ask the following questions and share together.

1. What was that experience like for you?
2. Was it difficult to slow yourself down enough to "consider" the neighborhood around you?
3. Describe the beauty you encountered. Describe the brokenness you encountered.
4. What would it look like for your community to celebrate the beauty and help heal the brokenness?

Pray (15 minutes): Close your time in prayer, offering to God what you encountered, what feelings came up in you, and interceding for your neighbors.

### **Option #2 - Creating Group Ground Rules Together (75 minutes):**

*This exercise is meant to help us pray through, imagine, share, and discuss what you would want to be true if you were going to spend the rest of your life with your group family and what ground rules would need to be in place if this were to be true.*

Opening Prayer Reflection (10 minutes): Open your time in prayer by sitting in silence and asking the Holy Spirit to invigorate your imagination as you respond to the following questions. Then read the following questions, giving 3 minutes for people to write down their responses.

Ask God: What produces Faith, Humility, Hospitality, and Rootedness in a person and community? Listen for any answer, which may come in the form of a memory, an experience, or a gut-level impression.

Ask God: What was it like to create the structures that the world is built upon (matter, energy, physical laws, wisdom, spiritual unity, relationship, etc.)? Ask the Lord if you can participate in His divine creativity by creating ground rules for a flourishing community devoted to Him.

Ask God: What are one or two things that seem especially important to me when I imagine being a part of a long-term community?

Sharing (15 minutes): Have everyone share their answer to the question, "What are one or two things you wrote down that seem especially important to you personally when you imagine being a part of a long-term community?" (One minute per person, timed.)

Creating Community Ground Rules Together Exercise (50 minutes): Based on common themes that were shared, use the following template to come up with 1-3 Community Group Ground Rules: "We believe that God is \_\_\_\_ so we commit to practicing faith/humility/hospitality through \_\_\_\_(practice)\_\_\_ together.

Some examples: We believe that God is worthy of our undivided attention, so we commit to practicing hospitality by not looking at distractions on our phones during group time. We believe that God is loving and kind, so we commit to practicing faith by expressing loving kindness to one another in the forms of encouragement. We believe that God is united Father, Son, and Holy Spirit, so we commit to practicing humility by making amends with one another as soon as conflict arises in the event of relational discord. We believe that God is welcoming, so we commit to practicing humility by being slow to speak and quick to listen in group discussions.

If people do not agree with a ground rule, then feel free to discuss, reword, and come to a consensus as a group. Make sure that all ground rules feel a) rooted in the character of God, b) helpful in practicing Faith/Humility/Hospitality, and c) practical for your group.

When a ground rule is completed, have the note-taker read it out loud. All who promise to uphold this rule and compel one another to hold it should stand or raise a hand in agreement with it. If anyone does not agree, handle the disagreement through rewording/consensus building in order to be in unity. When everyone agrees, move on to the next ground rule and repeat.

Reflect and Discuss (if time allows):

1. What would it look like to gently and firmly, truthfully and gracefully, hold one another accountable to these ground rules?

## SMALL GROUP DISCUSSION

No small group discussion tonight.