

FAMILY RESOURCE

03.15.2020

In this chaotic and uncertain time, we are presented with the opportunity to be a non-anxious presence in the lives of those closest to us...our kiddos. Below is an activity that you can do this week as a family that can help you to bring God's peace to your home in the midst of the storms that surround us. There are great resources available for parents about ways to care for your kids during this time, but here is one we especially like from one of our mission partners, Back2Back:

<https://back2back.org/2020/03/covid-19/>

READ

"*The Captain Of The Storm*" - The Jesus Storybook Bible pg. 236

- If you don't have a copy of The Jesus Storybook Bible, you can listen to the story by visiting <http://bit.ly/JSBAudio30>

PLAY

You will need a bed sheet and a small, preferably soft object. Lay the sheet out on the floor and put the object in the middle. Place your family members around the edge of the sheet and have them pick it up. With the sheet stretched between your family members, have everyone "make waves" in the sheet by moving it up and down. Recreate the story of "The Captain of the Storm" by making waves and having one of your kids play the role of Jesus by telling the storm to "BE STILL" and everyone stops making waves to calm the storm. Repeat the game so that everyone gets a chance to calm the storm.

TALK

Questions: What did the disciples do when they were afraid? Was Jesus scared?

Why were the disciples afraid and Jesus wasn't?

Key Takeaway: What the disciples didn't understand was that Jesus is perfect and powerful in every way. He has power over storms and sickness and even death. We can trust Jesus and have faith in him completely. There is nothing to be afraid of, because Jesus loves us and is always with us.