



## BUCKET LIST EDITION

*Having fun together is so important for the health of your marriage. That may seem obvious, but we often do not make it the priority it should be, and so we go about our lives without putting as much effort into having fun with one another as we should. This Date Night is all dreaming about the things you have always wanted to do and how you can do them with the person you have chosen to know better than anyone else.*

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# Set It Up

## BUILD EXPECTATIONS FOR THE TIME YOU WILL SPEND TOGETHER

*Each of you on your own take some time to think of a list of 5-10 things you have always wanted to do before you die....*

*Your Bucket List.*

*Write down your bucket lists on a piece of paper or create a note in your phone that you can reference during your date.*

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# The Date

*During your date share and compare the bucket lists that you made individually and answer the following questions together.*

- *Are any of your bucket list items the same?*
- *Were you surprised by anything on your spouse's bucket list?*
- *Did you learn anything new about your spouse from the items on their list?*

*Start a new bucket list of at least ten things that you want to do together. Some of your items from your individual bucket lists can be added to your list, or you can add completely new items. Your list can have small things, big things, silly things, or even serious things you want to achieve together.*

*Before the end of your date, add the year you think you would like to do each item on your list. Start making a plan for how you will do the item on your list with the earliest date so that you build momentum towards accomplishing your whole list.*

*Sometime after your date, write out your list and hang it up in your home as a reminder spending time together having fun is worth the time, energy, resources, and sacrifices it takes to accomplish the things you dream of doing together.*