

THE LENT 2021 READING + PRAYER GUIDE

MONDAY

READ // LAMENTATIONS 1

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PRAY // The very first word in Lamentations is actually a question. How? This book is a reminder to all of us that we bring your questions to God openly and honestly. Sit in the quiet and let them pour out. Do not run from them, or hide them away, or worse, pretend they are not there. The writers in Scripture are willing to lament and struggle with God, to bring it all: the good, the bad, and the ugly. Here's the thing, though: When they bare their hearts before God, they bare them before God. They know He is big enough to take all of their questions. He is big enough to take all of yours too. Take your questions into prayer.

TUESDAY

READ // LAMENTATIONS 2

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PRAY // The second chapter of Lamentations is hard. Brutally hard. The writer brings pain, sorrow and loss to God in his cries. You are called in this to bring the pain, sorrow and loss of our world - *of your life* - to God in a very real and honest way. Do not hold back, do not pretend. This is a very real book that invites each of us into a very real conversation with our Father in prayer. Take time to lament what is hard and painful. If you have nothing hard and painful - cry out on behalf of others.

WEDNESDAY

READ // LAMENTATIONS 3

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PRAY // At the center of this chapter in the center of this book lies these words... *"The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness. "The Lord is my portion," says my soul, "therefore I will hope in him."* Take time to pray these words. Add onto them, extend them, make them personal. Use these words as a starting point for a prayer that is rooted in hope. .

THURSDAY

READ // LAMENTATIONS 4

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PRAY // The writer of Lamentations is looking at everyone around them and how they are affected. Take time to consider those around you and pray for them.

FRIDAY

READ // LAMENTATIONS 5

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PRAY // This book closes with God having never uttered a word in Lamentations. Did you catch that? Maybe God is not speaking in the pages, but in the quiet to the one who comes to him in person. Make today a prayer of listening rather than speaking.

WEEKEND

WORSHIP

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Scan the QR Code for the Lent 2021 Playlist
Enjoy the Weekends to rest and reflect on what you have read.
Practice Sabbath on one day of the Weekend.