

**FELLOWSHIP NOTES ~ Sunday, May 2<sup>nd</sup>, 2021**  
Spring Spiritual Growth Emphasis



**Part 4: “Taming the Tongue”**  
James 3:1-12

**For next Sunday, May 2<sup>nd</sup>:** Study and pray through pages 38 - 48 in *Returning to Holiness*.

**For Further Study – In Fellowship Café**

Book: *We Will Not Be Silenced* by Erwin Lutzer

Book: *How to Develop a Powerful Prayer Life* by Greg Frizzell

Book: *The Pursuit of Holiness* by Jerry Bridges

Book: *Habits for Our Holiness* by Philip Nation

**Articles/Reports in the Tower @ the Welcome Center**

My Heart: Christ’s Home

Olive Tree Ministries News

The Equality Act – Threatens Both Fairness and Freedom

The Ungodly and Divisive Ideology of Critical Race Theory

**Taming the Tongue – Accepting the Truth**

Understand...

1. The \_\_\_\_\_ of Your Tongue – It has the ability to \_\_\_\_\_ your life – James 3:3-5
2. The \_\_\_\_\_ of Your Tongue – It has the ability to cause great \_\_\_\_\_ – James 3:6-8
3. The \_\_\_\_\_ of Your Tongue – It has the ability to be \_\_\_\_\_ – James 3:9-12



## **Taming the Tongue – Taking Control**

Step #1. Realize that \_\_\_\_\_ tame your tongue! (Matt. 19:26; Phil. 4:13)

Step #2. Begin each day by \_\_\_\_\_ your tongue to God. (Psalm 19:14)

Step #3. Plug it into the right \_\_\_\_\_ (Psalm 19:14; 119:11; Matt. 12:33-34; Eph. 5:18)

Step #4. Establish a \_\_\_\_\_ on your tongue. (Psalm 39:1; 141:3; Prov. 21:23)

Step #5. Be \_\_\_\_\_ with your tongue. (Ephesians 4:29)

Step #6. Practice daily \_\_\_\_\_ of your tongue. (1 John 1:9)

Step #7. Hold your tongue \_\_\_\_\_ (James 5:16)

Step #8. \_\_\_\_\_ your tongue to God (Romans 12:1)

## **Growth Group Study Guide**

### **Getting Started**

Group Discussion: What is the most positive, helpful or encouraging thing someone has said to you recently?

### **Digging Deeper:**

1. Why is it so difficult for us to be careful in all that we say (Read James 3:2)?
2. James compares the tongue to a bit, a rudder, and a spark. What do all of these images have in common (Read James 3:3-6)?
3. What warnings does James give about the tongue? What positive results does he mention? (Read James 3:9-12)
4. If no person can tame the tongue, what hope is there for controlling it (See Step #1 in the notes above, "Taking Control")?

5. The book of Proverbs has a lot to say about the tongue. Read each of the verses below. What do they each say about the tongue?

Proverbs 12:19 \_\_\_\_\_

Proverbs 13:3 \_\_\_\_\_

Proverbs 15:1-2 \_\_\_\_\_

Proverbs 15:23,28 \_\_\_\_\_

Proverbs 17:27-28 \_\_\_\_\_

Proverbs 18:13 \_\_\_\_\_

Proverbs 21:23 \_\_\_\_\_

Proverbs 23:15-16 \_\_\_\_\_

6. Of the “Taking Control” steps given in the Sunday morning message, while each of these steps are important, what are the top three that are most helpful to you right now in taming your tongue?
7. Step #5 is “Be intentional with your tongue”. Choose someone right now that you can encourage with your words of grace this week. Share with the group who that person is and why you believe they need those words.

### **Wrapping Up**

Continue studying and praying through our companion book [Returning to Holiness](#). This week work through page 48. Let’s also continue to fast and pray together for our Road to Holiness Emphasis that God will continue to work in our hearts and lives in regard to sin, cleansing and holy living (use prayer requests on the back of the reading schedule).