

God's Great Creation

BASED ON GENESIS 1

Upper Elementary


Fall 2021 L04

PIX




Brain Waves

Have you ever wondered how you can move, blink, or make memories? Your brain is a detailed organ that controls the rest of your body. If you didn't have a brain, you couldn't recognize the things you hear or see, you couldn't move, and your heart wouldn't beat. Your brain is pretty important! Make a fist with both hands and put them together so your palms are touching. Congratulations! You just made a portable model of your brain in size and shape.



The largest part of your brain, the cerebrum (su-REE-brum), looks like squished noodles. You use your cerebrum when you solve math problems, draw a picture, and remember where you went on vacation last summer. The cerebrum controls your voluntary muscles – the ones you move when you want to, like your arms and legs.



The frontal lobe houses your personality and emotions. It also helps with problem solving and reasoning.

The parietal (puh-RYE-uh-tull) lobe detects feelings by the skin, like heat, cold, pain, and touch.

The occipital (ohk-SIP-eh-tull) lobe decodes nerve signals sent by your eyes.

Say the color of each word out loud. Don't read the word, just say the color of each word.

Red, Yellow, Green, Purple,
Orange, Black, Blue, Pink

The temporal (TEMP-ore-ull) lobe helps you understand sounds and make memories. Try these activities to test your temporal lobe.

How well can you identify different sounds? Have a friend fill several containers with different objects. Can you tell what your friend put in the containers just by the sound they make?

Memorize this list of words: elephant, water, car, flower, pizza, mother, house, book, socks, purple. The hard way to memorize a list of unrelated words is by repeating them over and over. To make it easier, make up a story using the words in order.

The cerebellum (sair-ah-BELL-um) coordinates your body's movements so you can stand upright, keep your balance, and move around.

The brain stem transmits involuntary action you don't think about like breathing, digesting food, and circulating blood. It connects the rest of the brain to your spinal cord.



Did You Know?

A thinking human brain and a low-watt lightbulb both use about the same amount of power.

Adam & Eve

⁴This is the account of the heavens and the earth when they were created.

When the LORD God made the earth and the heavens. ⁵Now no shrub had yet appeared on the earth and no plant had yet sprung up, for the LORD God had not sent rain on the earth and there was no one to work the ground, ⁶but streams came up from the earth and watered the whole surface of the ground. ⁷Then the LORD God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.

⁸Now the LORD God had planted a garden in the east, in Eden; and there he put the man he had formed. ⁹The LORD God made all kinds of trees grow out of the ground—trees that were pleasing to the eye and good for food. In the middle of the garden were the tree of life and the tree of the knowledge of good and evil.

¹⁰A river watering the garden flowed from Eden; from there it was separated into four headwaters. ¹¹The name of the first is the Pishon; it winds through the entire land of Havilah, where there is gold. ¹²(The gold of that land is good; aromatic resin and onyx are also there.) ¹³The name of the second river is the Gihon; it winds through the entire land of Cush. ¹⁴The name of the third river is the Tigris; it runs along the east side of Ashur. And the fourth river is the Euphrates.

¹⁵The LORD God took the man and put him in the Garden of Eden to work it and take care of it. ¹⁶And the LORD God commanded the man, “You are free to eat from any tree in the garden; ¹⁷but you must not eat from the tree of the knowledge of good and evil, for when you eat of it you will surely die.”

¹⁸The LORD God said, “It is not good for the man to be alone. I will make a helper suitable for him.”

¹⁹Now the LORD God had formed out of the ground all the wild animals and all the birds in the sky. He brought them to the man to see what he would name them; and whatever the man called each living creature, that

Genesis 2:4-25

was its name. ²⁰So the man gave names to all the livestock, the birds in the sky and all the wild animals.

But for Adam no suitable helper was found. ²¹So the LORD God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh. ²²Then the LORD God made a woman from the rib he had taken out of the man, and he brought her to the man.

²³The man said, "This is now bone of my bones and flesh of my flesh; she shall be called 'woman,' for she was taken out of man." ²⁴That is why a man leaves his father and mother and is united to his wife, and they become one flesh. ²⁵Adam and his wife were both naked, and they felt no shame.



fun shop

Brain Power

Have you ever wished you could have your own computer? Everyone has a state-of-the-art, God-designed computer—their brain! So turn on the power, and try solving a few brainy puzzles.

Puzzle 1

How many different squares are in this picture?



Puzzle 2

Can you do a math problem that the answer is always your phone number? Try it and find out!

Start with the first three digits of your phone number (not the area code).

Multiply by 80.

Add 1.

Multiply by 250.

Add the last four digits of your phone number.

Add the last four digits of your phone number again.

Subtract 250.

Lastly, divide by 2.



Puzzle 3

How do you gain wisdom? Unscramble the proverbs below to find out.

1. Proverbs 1:5a
2. Proverbs 13:20a
3. Proverbs 8:33
4. Proverbs 9:10a

Walk
Let the wise
The fear of
Listen to my

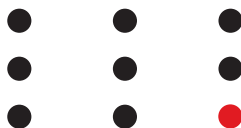
instruction
the LORD is
listen and
with

add to
the wise
and be wise;
the beginning

of wisdom.
do not disregard it.
and become wise.
their learning.

Puzzle 4

Can you make all nine dots connect with only four straight lines—without lifting your pencil? Start by placing your pencil on the red dot.



Answers
Puzzle 1: eleven
Puzzle 4:



Pause a minute

1. Sometimes when you look in a mirror, it may not be what you'd like to see. We somehow zero in on our flaws—the crooked teeth, the feet that seem bigger than Bigfoot's. Yet the Bible says you are made in the image of God.



Take a look back

3. God declares His creations as "very good." He doesn't compare you to others' looks, grades, or friends. You aren't a mistake. What does this tell you about God's love?

key verse

God created man in his own image, in the image of God he created them; male and female he created them.

Genesis 1:27



Record your thoughts

4. When you look in the mirror this week, say out loud, "I am loved. God approves of me with 'Very good.' Thank You, God!"

Read more this week about God's loving care in designing the human race in His own image:

☐ Genesis 1:26-31 ☐ Genesis 2:1-25 ☐ Psalm 139:14-16

**faith
forward**
in touch with God



Play it out

2. We'll have to wait for heaven to fully see God, but for now, **read Genesis 1:27.** God shaped you to be like Himself! Not just your body but your inner spirit and character, too. You can think, make choices and love others. God included the smallest of details. Look at a small coin. Did you know your body's smallest bone is the size of the letter "D" on a coin? It's in your ear, and without it you couldn't hear. You are precisely and wonderfully made and the only one ever created just like you!

