

# Journal Page



- What does this story teach me about God or the gospel?
- What does this story teach me about myself?
- Are there any commands in this story to obey? How are they for God's glory and my good?
- Are there any promises in this story to remember? How do they help me trust and love God?
- How does this story help me to live on mission better?

## The Ten Commandments

Exodus 19–20

**STORY POINT: GOD GAVE RULES TO SHOW HOW TO LOVE HIM AND OTHERS.**

The Israelites came into the Wilderness of Sinai. They camped in front of the mountain. God wanted to make a covenant, or agreement, with the people of Israel. Moses went up the mountain. God called to him, saying, "Tell the Israelites: 'If you listen carefully to Me and you keep My covenant, you will be My people.'"

Moses told them what God had said. All the people responded together, "We will do all that the Lord has spoken."

Then God gave Moses the Ten Commandments. The first four commandments told the Israelites what it looks like to have a right relationship with God: "Do not have other gods besides Me. Do not make an idol for yourself. Do not misuse the name of the Lord your God. Remember the Sabbath day, to keep it holy."

The last six commandments told the Israelites what it looks like to have a right relationship with each other: "You must honor your father and your mother. You must not murder. You must keep your marriage promises. You must not steal. You must not lie. You must not want what belongs to someone else."

When God was finished speaking to Moses on Mount Sinai, He gave Moses two stone tablets that He had written on with His own finger.

*Christ Connection: God is holy and separate from sin. His law shows us what He requires—perfect righteousness. Our sin separates us from God, but Jesus came to bring us back to God. Jesus is perfectly righteous. When we trust in Jesus, He takes away our sin and welcomes us into God's family.*

### FAMILY DISCUSSION STARTERS

- What rules does your family have? Why does your family have rules?
- List the Ten Commandments. Why did God give rules?
- Does God accept us based on our ability to obey His commands? Why or why not?