

Journal Page

- What does this story teach me about God or the gospel?
- What does this story teach me about myself?
- Are there any commands in this story to obey? How are they for God's glory and my good?
- Are there any promises in this story to remember? How do they help me trust and love God?
- How does this story help me to live on mission better?



Deborah and Barak

Judges 4-5

STORY POINT: GOD USED DEBORAH, BARAK, AND Jael TO RESCUE HIS PEOPLE.

Ehud and Shamgar had been judges over Israel. After they died, the Israelites ignored God and forgot about Him. So God allowed the king of Canaan to overtake them. The commander of the king's army was named Sisera. God's people remembered how good life was when they loved and obeyed God. They cried out to God, "Save us!"

Deborah was the judge over Israel. Deborah gave Barak a message. God said to gather an army. God would help Barak defeat Sisera.

Deborah, Barak, and the army went to Mount Tabor. Sisera took his chariots and his army to fight against Israel. Barak and his army moved down the mountain toward Sisera and his army. None of them survived except Sisera. He had escaped!

Sisera ran to the tent of Jael. Jael gave Sisera some milk to drink and covered him with a rug. Jael took a tent peg and a hammer, and used them to kill Sisera while he slept.

Barak came, looking for Sisera. Barak went into Jael's tent and saw Sisera lying dead.

That day, God allowed the Israelites to defeat the Canaanites. Deborah and Barak sang a victory song. The land was peaceful for 40 more years.

Christ Connection: God does what is for His glory and our good. (Psalm 115:3; Romans 8:28) God fought for the Israelites and used Deborah, Barak, and Jael to defeat Canaan. In a similar way, God uses people and events to not only save us from our enemies, but to teach us about our ultimate good: salvation through His Son, Jesus Christ.



FAMILY DISCUSSION STARTERS

- What does it mean to give glory to God? (*to acknowledge His greatness and to honor Him*)
- What happens when people reject God and live however they want?
- How can people work together to honor God?