

# THE LORD'S SUPPER

## FAMILY DISCIPLESHIP

Family discipleship is having intentional and organic moments that teach your child how to be a follower of Jesus and make Him known. It is one of the most meaningful things parents can do with their lives. It's not about adding one more thing to your to-do list as a parent, it is THE THING. It's about reshaping your current family rhythms and everyday moments to include gospel-centered conversations and practices.

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The Lord's Supper is a time when believers remember what Jesus did for them on Calvary's cross. The bread/cracker represents Jesus' broken body while the wine/juice symbolizes the blood that He shed on our behalf. Jesus commanded that believers do this in remembrance of Him until He returns.

The Lord's Supper can be an amazing time of worship and reflection for your child. The key is to talk with them before the time comes so that they can watch or participate with an understanding of what's taking place.

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Here are some things you can talk through together to help your child understand the Lord's Supper

- The Lord's Supper is something that Jesus did with his disciples the night he was betrayed, before his death on the cross. (Matthew 26:26-29; Luke 22:14-20)
  - The Lord's Supper is for anyone that has placed their faith in Jesus. (Ephesians 2:8-9; Romans 10:9)
  - When children celebrate the Lord's Supper, it is important to help them know that the bread and cup are not the actual body and blood of Jesus, but serve as symbols of Jesus' body and blood.
  - The Lord's Supper, is a way for us to remember what Jesus did for us. (Luke 22:19) When we remember, we give thanks.
  - When we take the Lord's Supper, we are to examine ourselves first. It is very important to God that we eat the bread and drink the cup of the Lord in a worthy manner. (1 Corinthians 11:27-28)
  - The Lord's Supper is a time to remember, give thanks, and proclaim Jesus' death until He comes again. (1 Corinthians 11:26) It's a special time of worship for all who are in Christ.
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