



# Small Group Leader Guide

**TRAIN YOUR SPIRIT  
WEEK 4 EAT GOD'S WORD EVERY DAY.**

## Small Group Welcome

1. **Introduce** yourself, and **welcome** new kids by name.
2. Kids **share** what happened during the past week.
3. **Check up** on the past week's prayer requests and events.
4. **Discuss** the Welcome Question: *What's your favorite snack?*

## Small Group Activity

### You'll Need

- Bible Plan Word Search activity sheet (1 per child)
- Bible Plan Word Search answer key (1 per group)
- Markers (1 set per group)

### To Do

1. Say the Point together. *Printed on back.*

**Say:** I know a GREAT way to eat a delicious bite of God's Word every day! Can you guess what it is?

2. Kids **guess**.

**Say:** Good guesses! One way to eat God's Word every day is by choosing a YouVersion Bible Plan to read. That way, you can eat God's Word on a phone, a tablet, and even on a computer.

**Ask:** Who's read a Bible Plan on YouVersion before?

4. Kids **respond**.

**Say:** There are a lot of Bible Plans for kids to read. Let's do a word search to see what some of them are.

5. **Give** kids a Bible Plan Word Search activity sheet.
3. Kids **use** markers to **circle** the Bible Plans they find.
4. **Use** the answer key if kids need help.
5. **If time allows**, kids **color** and **decorate** their word search.
6. **If time allows**, **look up** the Bible Plans on a mobile device.

### While Kids Work

**Ask:** How can you eat God's Word every day if you don't have the YouVersion Bible App? *Read a book Bible, play on The Bible App for Kids, memorize the Bible verse on the Challenge Card, etc.*

**Ask:** What happened when Mike stopped reading His Bible every day? *He stopped growing for God, and wanted to go back to his old ways.*

**Vintage Konnect Trivia:** Which Konnect crew member used to be the head inspector for the Space Travel Safety Board? *Luke*

## Small Group Discussion

Say the Point and Verse out loud together:

Eat God's Word every day.

**Matthew 4:4 NIV**

***But Jesus told him, "... 'People do not live by bread alone, but by every word that comes from the mouth of God.'***

1. **Why does Jesus say people can't live on just bread?** *Bread feeds your body and keeps it healthy, but your spirit needs God's truth from the Bible to stay alive and healthy.*

**Choose a few review questions:**

1. **What are some ways to get closer to God each day?** *Read the Bible, pray, thank God for what He's done, sing to God, dance for God, think about God, obey God, etc.*
2. **How do you eat God's Word?** *Read what it says, listen to it, learn from it, and obey it.*
3. **What happens if you don't read God's Word every day?** *Your spirit gets weaker, you get far away from God, and it gets easier to go back to your bad, selfish, sinful ways.*
4. **What happens if you read God's Word every day?** *Your spirit gets stronger, you get closer to God, and it gets easier to live God's way.*
5. **What if you read the Bible, and you don't understand it. What can you do?** *Ask a grown-up to help you, pray and ask God to help you understand, talk about what you read with someone else, etc.*

**Choose an action step question:**

1. **What will you do this week to make sure you eat God's Word every day?** *Ask someone to help me remember, make a schedule so I know when to do it, get up earlier, make sure I read before I go to sleep, etc.*
2. **Which Bible will you read this week: The YouVersion Bible App, The Bible App for Kids, a book Bible, or all three?** *Answers will vary.*

**Pray together:**

1. **Ask** kids to share things they would like you to pray about.
2. **Write** down their prayer requests.
3. **Pray** together over all the prayer requests. **Give** kids a chance to lead the prayer if they want to.

**Not sure what to pray? Pray this:** God, Thank You so much for giving us Your Word to keep our spirits strong and healthy. Please give us understanding as we read the Bible, and help us to obey what it says. In Jesus' name, amen!

**Stay in your Small Group until kids are checked out.**

## Check Out

1. **Continue talking**, let kids **decorate** their word searches, and **talk about** the Challenge Card.
2. When a kid from your Small Group leaves, use the kid's name to **share** something positive and specific with their family.
3. **Encourage** families to complete the Challenge Card together.