

Hey ClubE!

It's been a minute since I've last seen you guys, but I am back now with new lessons! I hope you've had a wonderful week and are getting ready for the beginning of a new school year!

1. Watch my [short video](#) & introduction to the lesson today.
2. Sharing time. Our question today: What is your favorite type of french fry (a specific restaurant, sweet potato, waffle, etc.)
3. Read the story together as a family (or listen to it [here](#).) & go through the discussion questions to talk about what you've learned.
4. Pray together as a family.
5. Optional: Do craft!

If you have questions or just want to share your learning, you can email me cas66852@gmail.com or text/call at 612-310-2363

Storytime!

When Jesus was on the earth, crowds gathered wherever He went. They wanted to hear His wise words—and they had heard about His amazing miracles, too. On one particular day, Jesus saw a crowd gathering. He took his disciples up a mountainside and began to teach them. He explained how we can live out God's love here on Earth when we show His love to others.

Matthew was one of the disciples who was there that day. He wrote down the words that Jesus spoke, and we can read them in the Bible—in the book of Matthew.

Matthew 5:13-16 (NIRV), "You are the salt of the earth. But suppose the salt loses its saltiness. How can it be made salty again? It is no longer good for anything. It will be thrown out. People will walk all over it. You are the light of the world. A town built on a hill can't be hidden. Also, people do not light a lamp and put it under a bowl. Instead, they put it on its stand. Then it gives light to everyone in the house. In the same way, let your light shine so others can see it. Then they will see the good things you do. And they will bring glory to your Father who is in heaven."

Let's figure out what Jesus meant by that. What did He say in the first part? 'You are the salt of the earth.' Salt is important for lots of things. It definitely makes popcorn better. It even gives our desserts that perfect salty-sweet flavor. The right amount of salt is important to keep our bodies working properly. And back in the time when Jesus said these words, salt was especially valuable. People used it for lots of different things—like keeping their food fresh,

since there weren't any refrigerators. But if salt ever wasn't . . . salty, then what would it be good for? "Jesus was saying that God made US with a very important purpose—just like salt. He created us to make things BETTER for the people around us

What else did Jesus say? 'You are the light of the world.' "Light is so important! Obviously, it helps us see where we're going. It guides us when we need to know the way—just like a lighthouse keeps sailors safe on the ocean. Light also reminds us that we can have hope—even when everything around us seems dark or scary. When we believe in Jesus, HIS light shines in us! It's like we're a city on a hill, shining for everyone to see. We can 'shine' by doing good things for people around us. Jesus said we shouldn't hide our light. Instead, we should let it shine bright!

So here's a question for you. Why is it so important for us to be like salt and light? Let's go back to what Jesus said. Matthew 5:16 (NIRV), "Let your light shine so others can see it. Then they will see the good things you do. And they will bring glory to your Father who is in heaven.

You see, when we show love to others, we can help them understand how much GOD loves them. We can bring glory to God when we do good things for other people. Like when we spend time with someone who needs a friend . . . when we stop what we're doing to help or when we work together to solve a problem. We don't just do good things so people will see US. When we let our light shine so others can see it, people will see the good things we do and bring glory to God. By using our creativity to help others, we can share God's story and show what God is doing in our lives! When Jesus said that we're like salt, He meant that we can make things better for the people around us. When we share God's story and shine His light, we can bring hope to others. We help fill their lives with kindness, joy, and peace. We can shine our light by loving God and loving other people. Our lives can tell His story in everything we say and do. In fact God created you to share His story. Your whole LIFE can point others to God's story. Don't just talk about God. Show what a difference He has made in your life. Treat others the way you want to be treated. That's how we can do what God created us to do: share His story.

Let's talk about it!

- Have you ever tasted food that needed more salt? What did you do?
- Why do you think Jesus used salt as a way to describe why people needed to show love to others?
- Salt AND light, hm. Two very interesting things to be put together. How do you think they are different? How do you think they are the same?
- In what ways do you think you can be salt and light this week?

Pray

Dear God, thank You for creating each of us to share Your story. It's a big deal to know that people will see YOU through the way we treat them every day. Help us be like salt—bringing out the best in ourselves and others. And help us to shine Your light by sharing Your love with everyone around us. Help us use our creativity to share Your story with others. We love You, and we pray these things in Jesus' name, amen.

Game time!

Salt Painting:

WHAT YOU'LL NEED:

Construction paper (thicker paper than printer paper), glue, salt, paintbrushes, watercolors.

We are the salt of the earth and we can shine bright! Let's do that with our next activity! Watch the link below for instructions.

<https://www.youtube.com/watch?v=WdwwiiDG6kk>