



Wisdom and Anger Proverbs (May 13)

Series Summary: In every area of our lives we are given advice and wisdom whether it be Biblical or not, but how do we distinguish what advice to listen to? The book of Proverbs tells of Godly wisdom to follow as opposed to what we hear from the world.

Big Idea/Question: Anger is something we all feel, but what can we do in those moments to have wisdom take over?

Leader Note: Anger itself is not a sin. It's what we do in our anger that makes it sinful.

Get them talking: What is the one thing that makes you the angriest?

Proverbs 14:17 A quick-tempered person does foolish things, and the one who devises evil schemes is hated.

How can having a quick temper display a lack of wisdom?

What does anger lead to? In other words, what has acting in anger cost you?

Proverbs 14:29 Whoever is patient has great understanding, but one who is quick-tempered displays folly.

How can wisdom be seen in patience as opposed to acting in anger?

What steps can we take to work on patience?

What does what we are angry about say about us?

Leader Note: If we are angry it always says something about what we value. The question is what? Does what we get angry about say that we care too much about what others think of us?

Harder Question: Is all anger sin? Can we ever be angry and it not be a sin? How?

Leader Note: Jesus got angry and flipped over money changers tables (John 2). God became angry at the nation of Israel when they worshiped false gods. But look at what they were angry about. They were angry about false worship and sin. Is that what we are angry about? We will expand on this in Large Group.