



Dealing with Conflict

GET TALKING

- In a conflict situation, what is your first response? Attack or Avoid

WATCH THE VIDEO

1 What causes fights and quarrels among you? Don't they come from your desires that battle within you? 2 You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God. 3 When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures. **JAMES 4:1-3**

DISCOVER AND DISCUSS THE LIFE HACK

19 My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, 20 because human anger does not produce the righteousness that God desires. 21 Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you. 22 Do not merely listen to the word, and so deceive yourselves. Do what it says. **JAMES 1:19-22**

QUICK TO LISTEN

- Why does the Bible teach us to be quick to listen as we deal with people?
- When we are listening to people, what should we be listening for?
- What habits or practices can you put in place to be a person who is quick to listen?

SLOW TO SPEAK

- Why is being slow to speak a good thing in the midst of conflict?
- *Read James 3:2-12.* What does James teach us about the power of the tongue?
- Is there a certain person or issue that makes you lose control of your tongue?

SLOW TO BECOME ANGRY

- Why does the Bible instruct us to be slow to become angry?
- If anger doesn't produce what we want in our relationships, why do we settle for it?
- When it comes to controlling your tongue and becoming angry, how self-controlled are you?
- What does it look like to be quick to listen, slow to speak, and slow to become angry?
- How can this group help you deal with conflict in healthy ways?

PRAYER AND ENCOURAGEMENT