



Overcoming Temptation

GET TALKING

- Why is temptation so tempting?

WATCH THE VIDEO

13 When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; 14 but each person is tempted when they are dragged away by their own evil desire and enticed. 15 Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death. **JAMES 1:13-17**

DISCOVER AND DISCUSS THE LIFE HACK

7 Submit yourselves, then, to God. Resist the devil, and he will flee from you. 8 Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded. 9 Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom. 10 Humble yourselves before the Lord, and he will lift you up. **JAMES 4:7-10**

SUBMIT YOURSELF TO GOD

- Why is submitting to God essential for dealing with temptation?
- What does it look like to submit yourselves to God? In what ways can you focus on and understand God's will for your life?

RESIST THE DEVIL

- What can believers do to resist the devil when being tempted?
- What should believers do to resist the devil when they are feeling strong?
- What is the promise if you resist the enemy and draw near to God?

HUMBLE YOURSELF AND DRAW NEAR TO GOD

- Read James 4:9. How does a change in attitude help believers to submit to God and resist the devil?
- When tempted what does it look like to draw near to God? What do you do
- Read James 4:9. How does a change in attitude help believers to submit to God and resist the devil?
- Is there an area in your life right now you need to humble yourself, check your attitude and draw near to God?

PRAYER AND ENCOURAGEMENT