

2021 Middle School Camp Packet

Please <u>read carefully</u> and fill out paperwork <u>completely</u> (front and back)

COMPLETION CHECKLIST

| I. | Items in this packet that you should keep for your own reference and remembrance. |
|------|--|
| | Completion Checklist (this page) |
| | Packing Checklist |
| | ☐ Transportation Details |
| | Contacting Your Camper While At Camp |
| II. | Items that need to be handed in to Dan Greene ASAP or but no later than May 30th, 2021 along with a minimum deposit of \$20 (or <u>full payment of \$280</u> , ex. a \$20 deposit would leave a balance of \$260 to be paid by the time we leave for camp): □ Camper Information Sheet |
| | ☐ Camper/Parent Liability Agreement |
| III. | Items in this packet that need to be fully completed and turned in to Dan Greene by check-in time on the day we leave, due June 13th, 2021 : |
| | ☐ Health Form |
| | Camp Wesley Liability Waiver |
| | Camp Wesley Photo Release Form |
| | *Camp Wesley 10-Day COVID-19 Health Check |

^{*}the 10-Day Covid-19 Health Check cannot be submitted any earlier than the day of departure

PACKING CHECKLIST

This checklist is provided to guide you as you pack for camp, and hopefully remind you of everything you need to bring to camp. Please be aware of the camp dress code when packing clothing. Also keep in mind that your clothes and shoes will get dirty! Be sure to clearly mark all items with your first and last name. Middle School Camp is not responsible for any lost or stolen items.

Due to limited space in vehicles, campers are allowed one suitcase and one "carry-on" item such as a backpack.

| □ Shorts (shorts must be at least finger-tip length, no short shorts) |
|--|
| ☐ Jeans or long pants |
| □ Shirts |
| □ Sweatshirt or jacket |
| □ Pajamas |
| □ Socks |
| □ Underwear |
| □ Comfortable tennis shoes |
| ☐ Flip flops, sandals, or water shoes |
| □ Swimsuit (one piece/tankini's that do not show belly or back are ok. No bikinis) |
| □ Beach towel |
| □ Sunglasses |
| □ Sunblock |
| □ Bug spray |
| □ Lip balm |
| ☐ Hat or bandana |
| □ Bible |
| □ Journal |
| □ Pen or pencil |
| □ Shampoo |
| □ Soap |
| □ Toothbrush and toothpaste |
| □ Deodorant |
| □ Washcloth and towel |
| □ Hairbrush and/or comb |
| □ Hair ties |
| □ Shower caddy or waterproof bag (to carry toiletries to bathroom) |
| □ Flashlight |
| □ Sleeping bag or bedding |
| □ Pillow |
| □ Water bottle |
| □ Camera (with film/memory and batteries) |
| ☐ Any medication the camper will need at camp (this must be checked in with the nurse) |
| ☐ Money for the camp store (Camp Wesley t-shirts, hoodies, cinch sacs, sunglasses, coffee mug, etc.) |
| ☐ An extra trash bag (to bring home bedding, dirty laundry, etc.) |
| |
| Please do not bring |
| □ Cell phones |
| (campers wanting to call or text to check in are welcome to ask adult cabin leaders to use their phone) |
| ☐ IPOD, tablet, video game devices or any personal devices |
| , , |

Camp Dress Code

- No spaghetti strap tops (straps should a minimum of two fingers' width)
- Shorts must be fingertip length when your arms are at your sides
- No visible underwear
- No bikini swimsuits (Swimsuits are only to be worn for swimming or boating)
- Shoes or sandals must be worn at all times outside the cabin area

TRANSPORTATION DETAILS

Drop Off

Please bring your students to Cornerstone Church of Licking County Sunday, June 13th by 1:30 p.m. (Lunch on your own, dinner will be served at camp.) The caravan aims to depart around 2:00p.m. We will get everyone checked in, go over some strategy, pray and leave at 2:15 sharp. Due to Camp Wesley policy, we will need everyone to be wearing masks until we are loaded into vehicles.

Students may bring a suitcase, a carry-on and bedding (please label EVERYTHING). Do not leave luggage unattended. We are packing everything into vehicles this year so please...pack consciously of those constraints.

Be sure to check in **all medications** with Tiffani Dorn (our leader who daylights as a physician's assistant) before loading luggage into vehicles.

Caravan

If you are one of our wonderful <u>parent drivers</u>, please **arrive at Cornerstone on June 13**th by **1:30 p.m.** with a full tank of gas.

If you are going to be part of the pick-up process on Friday, June 18th. Please be at Camp Wesley by 12 noon.

The two addresses we will be <u>navigating</u> to will be:

Camp Wesley 653 Township Road 37 E Bellefontaine, OH 43311

Cornerstone Church 4905 Jacksontown Rd Heath, OH 43056

Pick Up

We plan to arrive back to Cornerstone on **Friday afternoon**, **June 18th by 2:00 p.m.** This is a conservative estimate, but campers love arriving back to find their loved ones waiting for them!

CONTACTING YOUR CAMPER WHILE AT CAMP

CAMPERS LOVE RECEIVING MAIL!!! We will deliver mail daily (it may take it a day or two to arrive, so if you intend for your camper to get it on Monday, you may want to mail it Saturday). If you would like to send mail to your child while at camp, please send it to:

Child's Name Camp Wesley 653 Township Road 37 E Bellefontaine, OH 43311

Some parents send letters to their child before camp begins, so they have mail to welcome them when they arrive. If you send a "care package" to your camper do not send snacks with nuts due to allergies.

Should you need to contact your camper in the event of an emergency, please contact **Dan Greene** at **740-323-6221.** He will get back to you as soon as he is able. Thanks!

CAMPER INFORMATION

| Camper's Name: | | | | | | · · · · · · · · · · · · · · · · · · · |
|-----------------------------------|---------------|---------|----------|--------------------|----------|--|
| Address: | | | | | | |
| City: | _ State: | Zip Co | ode: | | | Gender (circle one): M F |
| Birthday:// | Age while | at can | np: | Grade | during | 2016-2017 school year: |
| <u>T shirt size</u> (adult sizes, | circle one): | s | M L | XL | XXL | XXXL |
| - | | - | | | | with you. This person must also put your namon fill both requests, but they are not guaranteed |
| 1st choice: | | | | 2 nd ch | oice: _ | |
| Swimming ability (check | one): | | | | | |
| Non-swimmer Beginn | ner (swims in | standin | g-depth | water) | | |
| Intermediate (swims in de | ep water) | Advan | ced (exp | erience | ed swimn | mer) |

Please be sure to fill out and sign back side of this page

QUARRY CAMPER/PARENT LIABILITY AGREEMENT

| I (name of participant), participate in the Middle School Camp on June 13-18, 2021, wi participation in any and all activities is voluntary and I agree to personal injury or death. | nich takes place at Camp Wesley in Bellefontaine, Ohio. My |
|--|--|
| participate in all activities and accept any risks involved in his | hereby grant permission for my child to her participation as well as personal financial responsibility for nerstone Church of Licking County harmless for such injury or all photos, video and audio of my child for promotional |
| I release all officials and professional personnel from any clain rendered to me during participation in these activities. This re terms of this release are contractual and not a mere recital. | · · · · · · · · · · · · · · · · · · · |
| PARTICIPANT'S SIGNATURE: | |
| PARENT OR GUARDIAN SIGNATURE (consenting to a minor's | participation under the foregoing terms and conditions): |



Health Form

| Name | | | | r N | 1ale r Female |
|---------------------------------------|-------------------------|-----------------|----------------------------|---------------|----------------------|
| Last | | First | Middle Ir | nitial | |
| Event Name & Date | | | | | / |
| Grade Entering in Fall | Age at camp | Birth date | // | | ?? ise only) |
| Home Address | | | | | |
| | Street | | City | State | Zip |
| Custodial parent/guardia | n | | | | |
| Home Address(if different from above) | Street | | City | State | Zip |
| Home phone | | | • | | |
| rione phone | Cell | | VVOIK_ | | |
| Second parent or guardia | ın or emergency cont | act: | | | |
| Home Address | | | | | |
| (if different from above) | Street | | City | State | Zip |
| Home phone | Cell | | Work_ | | |
| If not available in an eme | rgency, notify: | | Relations | nip to camper | |
| Address | | | Phone | | |
| Street | City | State Zip | | | |
| Insurance Infor | mation | | | | |
| Is the participant covere | d by family medical/h | ospital insurar | ice? r Yes r | No | |
| If so, indicate carrier or pla | ın name: | | | | |
| Name of Policy Holder | | Gro | up # | | |
| A photocopy of front and | l back of health insure | ance card MUS | T be attached t | o this form. | |
| Name of family physician_ | | | Phone | | |
| Name of family dentist/or | thodontist | | Phone | | |
| Name of modical specialis | | | Dhono | | |

The following information must be filled in by the parent/guardian, or adult camper or staff member. The intent of this information is to provide appropriate care. Please keep a copy of the completed form for your records. Any changes to this form should be provided to camp health personnel upon arrival at camp. Provide complete information so that the camp can be aware of your needs. All questions and blanks MUST be filled in or answered with at least "Yes", "No" or "N/A".

| Allergies (List all known) | | | | | |
|---|--|------------------------|------------------------|--------------------|---------------|
| Medication Allergies (list) | Describe read | tion and manage | ement | of the | e reaction. |
| Food Allergies (list) | | | | | |
| Other Allergies (list) (e.g. insect stings, hay | y fever, asthma, ivy | poisoning, animal do | ander, et | tc. | |
| Medications Being Taken Please list ALL medications (including over- Bring only enough medication to last the identifies the prescribing physician (if a pre frequency of administration. All medications the Health Officer at registration. | the-counter or non entire time at cal scription drug), the | mp. Keep it in the o | riginal p ation, tl | oackagi he dosa | ige, and the |
| r This person takes NO medications on a | aroutine basis. | | | | |
| r This person takes medications as follows: | ws: | | | | |
| Med#1 | Dosage | Specific times | taken | each | day |
| Med#2 | Dosage | Specific times | taken | each | day |
| Med #3 | Dosage | Specific times | taken | each | day |
| Med #4 | Dosage | Specific times | taken | each | day |
| Med #5 | Dosage | Specific times | taken | each | day |
| Med#6 | Dosage | Specific times | taken | each | day |
| Attach additional pages if needed participant does/may not take duri | | dications taken duri | ng the s | school | year that the |
| Restrictions Please list any dietary restrictions that apply | to this individual | e.g. vegetarian, lacto | ose intol | lerance, | etc.) |
| Explain any restrictions to activity (e.g. what | cannot be done, w | hat adaptations or lin | nitations | are ne | cessary) |
| Explain any activities that need to be enco | ouraged | | | | |

Health History

| The camper has had: | Pleas | se giv | e all dates of immunization for: | | |
|--|---------|---------|---|------|------|
| rMeasles | Vaccir | ie: | Dates: Mo/Yr Mo/Yr Mo/Yr Mo/Yr Mo/Yr | r M | o/Yr |
| rChickenpox | DTP | | | | |
| rGermanmeasles | TD (tet | anus/ | diphtheria) | | |
| rMumps | Tetanı | IS | | | |
| r Hepatitis A | Polio | | | | — |
| | MMR | | | | |
| r Hepatitis C | or | Measle | es | | |
| r Rheumatic Fever | | Mump | | | |
| CTP Mantoux Tost | | Rubella | | | |
| Date of last test | | | Influenza B | | |
| Result: Positive PNegative | Hepati | | | | |
| | | | ckenpox) | | |
| | Other | | | | |
| | | | | | |
| General Questions (Explain "yes" answers | below | '.) | | | |
| Has/Does the participant: | Yes/ | No | | Yes/ | No |
| 1. Had any recent injury, illness | | | 18. Have an orthodontic appliance being brought to camp? | r | r |
| or infectious disease? | r | r | 19. Haveanyskin problems (itching, rash, acne)? | r | r |
| 2. Have a chronic or recurring illness/condition | | r | 20. Have diabetes? | r | r |
| 3. Ever been hospitalized? | r | r | 21. Have diabetes: | r | r |
| 4. Ever had surgery? | r | r | 22. Had mononucleosis (mono) in the past 12 mo? | r | r |
| 5. Have frequent headaches? | r | r | 23. Had problems with diarrhea/constipation? | r | r |
| 6. Ever had a head injury? | r | r | 24. Have problems with sleepwalking? | r | r |
| 7. Ever been knocked unconscious? | r | r | 25. If female, has she menstruated? | r | r |
| 8. Wear glasses, contacts or protective eyewear | | r | a) If no, has she been told | • | • |
| 9. Had frequent ear infections? | r | r | about it with instructions? | r | r |
| 10. Ever passed out during or after exercise? | r | r | b) If yes, does she have | | |
| 11. Ever been dizzy during or after exercise? | r | r | an abnormal menstrual history? | r | r |
| 12. Ever had seizures? | r | r | 26. Have a history of bedwetting? | r | r |
| 13. Ever had chest pain during or after exercise? | r | r | 27. Ever had an eating disorder? | r | r |
| 14. Ever had high blood pressure? | r | r | 28. Ever had emotional difficulties for | | |
| 15. Ever been diagnosed with a heart murmur? | r | r | which professional help was sought? | r | r |
| 16. Ever had back problems? | r | r | 29. Ever had problems with homesickness? | r | r |
| 17. Ever had problems with joints (knees, ankles)? | r | r | 30. Can the camper swim? | r | r |
| Please explain any "yes" answers, includir | ng dat | es wh | ere applicable, noting the number of the questi | ons. | |
| Use this space to provide any additional | inforr | matio | n about the camper's behavior and physical, | | |
| emotional, or mental health about which | h the | camp | should be aware. | | |
| | | | | | |
| | | | | | |
| | | | | | |

First-Aid Care

Over The Counter Medications

(if you do not want your child treated with any of the following while at camp, cross it off & initial)

| Camper Complaint | Medicine Administered (May be generic equivalent) |
|--|--|
| Minor aches & pains, headaches, toothaches or high temp. | Motrin or Tylenol |
| Itching, rash, poison ivy, insect bites or sunburn | Benadryl, Calamine, Aveno, 1% Hydrocortisone Cream, Technu, Aloe |
| Mild diarrhea (w/o other symptoms) | Imodium |
| Upset stomach | Tums, Pepto-Bismol |
| Minor cuts, scratches, abrasions | Triple antibiotic (Neosporin), Sterile Wipes |
| Mosquito, insect bites | Insect repellent, Skeeter Stik, After Bite |
| Itchy, watery eyes, sneezing, runny nose | Benadryltablet |
| Stuffy nose | Sudafed |
| Sore throat | Throat lozenges |
| Sun exposure | Sunscreen |

IMPORTANT—THIS BOX MUST BE COMPLETE FOR ATTENDANCE

This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed camp activities except as noted.

Authorization for Treatment: I hereby give permission to the medical personnel selected by the camp director to order X-rays, routine tests, treatment, and necessary transportation for me/or my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for my child as named above. *(Note: Parents will be contacted if the camper has an illness or accident that is of concern to the Health Officer and Director. Parents will be contacted/consulted in the event that a trip to Urgent Care, emergency room, or other off-site medical attention is necessary. In the event that the parents cannot be reached, the health officer or director will try to reach emergency contact person listed on page 1). I also give permission to the medical personnel to administer over the counter medications (as listed above) as deemed appropriate according to the camper's complaints or condition. The dosage or applications will be directed on the labels of each medication, and may be the generic equivalent. The completed forms may be photocopied for trips out of camp.

| Signature of parent/guardian | Date | |
|------------------------------|------|--|
| | | |

| Screening Record (For Camp Use Only) Date screened Time :am / pm | |
|---|-------------------|
| Meds received? r Yes (if yes, see page two) | Lice Check? r Yes |
| Current health needs identified | |
| Notes | |
| Screened by | |



Release of Liability

Each United Methodist Camp and Retreat Center ("Camp") offers a variety of services and voluntary activities designed to enrich the participant's experience. These services and voluntary activities may include, without limitation, employment, volunteer opportunities, the provision of food, lodging and transportation, as well as the sponsorship of challenging and educational activities often associated with camping and the outdoors, such as hiking, boating, swimming, campfires, fishing, ropes courses, horseback riding and the like. Program participants, such as employees, volunteers, campers and guests, may have the opportunity to participate in one or all of these activities.

While each Camp will endeavor to assure the safety of employees, volunteers, campers and guests, there are unavoidable risks of injury—and even death—associated with camping and its related services and activities. Consequently, a properly executed Release of Liability is required before anyone may participate in a Camp program or activity. Such a Release of Liability is set forth below. If you are a prospective participant under eighteen years of age, one of your parents or your legal guardian must print his or her name below and then sign and date the line designated Parent or Guardian of Minor. If you are a prospective participant eighteen years of age or older, you must print your name below and then sign and date the line designated Adult Participant. You are encouraged to consult an attorney if you have any questions about the meaning of this document. In addition, you are encouraged to contact the Conference Camping office by phone at 1-800.437.0028 or e-mail to camps@wocumc.org if you have any questions about the services or activities provided at any Camp.

By signing below, I, ______(print neatly the appropriate name as described above, either parent or guardian of minor participant, or participant age 18 and older) acknowledge and agree to the following:

- 1. I have read and understand the risks summarized above;
- 2. I understand that my participation in camp programs and activities and receipt of camp services is voluntary;
- In consideration of participating in a United Methodist Camp(s) program or activity, I expressly assume the risks of such attendance. Further, for myself and on behalf of my executors, administrators and heirs, I release and hold the West Ohio Conference of the United Methodist Church and the United Methodist Camp(s) I attend, including the owners, trustees, officers, employees, agents and volunteers of these entities, harmless from any and all claims or suits arising in any way from my attendance at a United Methodist Camp(s) or participation in a related program or activity for injury to my person or property or my death caused by the negligence of these entities and/or individuals;

or (as appropriate);

4. In consideration of my child's participation in a United Methodist Camp(s) program or activity I, for myself and on behalf of my minor child and our executors, administrators and heirs, release and hold the West Ohio Conference of The United Methodist Church and the United Methodist Camp(s) my child attends, including the owners, trustees, officers, employees, agents and volunteers of these entities, harmless from any and all claims or suits arising in any way from my child's attendance at a United Methodist Camp(s) or participation in a related program or activity for injury to my child or his or her property or his or her death caused by the negligence of these entities and/or individuals.

| Parent or Guardian of Minor (IF PARTICIPANT IS UNDER AGE 18) | Date | Adult Participant (IF PARTICIPANT IS AGE 18 OR OLDER) | Date |
|---|------|--|------|
| Printed Name of Participant: | | | |



Consent To Use Voice & Image

We respect and want to protect the privacy of those we serve. We, therefore, thought you would like to know that at some point during your attendance at a United Methodist camp, we might ask to photograph, videotape, film and/or interview you. We might do this because we believe that our campers, volunteers, participants and staff offer great reasons to attend a United Methodist Camp, and we would like to be able to show you off by publishing in good taste some of the photographs, video, film and/or interviews for promotional purposes. To this end, the purpose of this document is to ask your permission in advance to capture your voice and image and possibly publish them in a United Methodist medium. Accordingly, if you are willing to give us such permission, please read carefully and then execute this Consent to Use Voice and Image. If you are a participant age 18 or older, please sign the line over the designation "Signature of Adult Participant." If you are a camper or staff member under age 18, one of your parents or your legal guardian must give us permission on your behalf by signing the line over the designation "Signature of Parent or Guardian."

By signing below I acknowledge and agree to the following:

- I give my permission to the West Ohio Conference of The United Methodist Church and the United Methodist Camps, including the owners, trustees, officers, employees, agents and volunteers of these entities, to photograph, videotape, film and/or interview me during my attendance at a United Methodist Camp for the purpose of promoting or reporting on the United Methodist Camps.
- 2. I, at any time, may decline to be photographed, videotaped, filmed and/or interviewed.
- 3. I give my permission to the West Ohio Conference of The United Methodist Church and the United Methodist Camps, including the owners, trustees, officers, employees, agents and volunteers of these entities, to publish any such photographs, video, film and/or interviews for the purpose of promoting or reporting on the United Methodist Camps. Further, I understand that publication may include, without limitation, use of any such photographs, video, film and/or interviews on United Methodist websites, brochures and/or videos dealing with the United Methodist Camps.

| Printed Name of Parent or Guar | dian | Printed Name of Participa | 1† | | |
|---|-------------------|--|---------|--|--|
| Signature of Parent or Guardian (If participant is under age 18) | Date | Signature of Adult Participant (If participant is age 18 or older) | Date | | |
| No, I do not give permission for m | nyself, (Adult Pa | rticipant) or my child to be photogra | aphed** | | |
| Yes, I give permission for myself, (Adult Participant) or my child to be photographed | | | | | |

| Camper Name Session | | | | | | | | |
|---|---------------|--------------|--|---|--------------|-------------|----------|---|
| | | Pre-Ca | amp He | alth Sc | reening | 5 | | |
| Dear Camp fam | nilies, | | | | | | | |
| In an effort to r beginning 14 d begins at home | ays prior to | camp. The | best cam | p sessions | start with l | healthy car | • | - |
| Please indicate record a tempe your camper e | erature dail | y. If any te | mperature | e or sympt | oms are pr | esent, plea | ase have | |
| Symptoms (symp): Cough Shortness of breath or difficulty breathing Fever Chills Muscle Pain Sore throat New loss of taste or smell Nausea Vomiting Diarrhea | | | listed sybefore to 2. No oprior to 3. My clin the 14 | Please initial 1. My child has not been around anyone with any of the listed symptoms or diagnosis of COVID19 in the 14 days before the start of camp. Initial 2. No one in our household has been sick in the 14 days prior to camp. Initial 3. My child has not traveled by air or traveled out of state in the 14 days prior to camp. Initial 4. My child has adhered to our state's guidelines regarding COVID19. Initial | | | | |
| <u></u> | Day: | 14 | 13 | 12 | 11 | 10 | 9 | 8 |
| Start date of temperature/ symptom screening: | Temp/ symp | | | | | | | |
| | Day: | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| | Temp/ symp | | | | | | | |
| Our signature and to the best camp for all car | of our abili | - | | | _ | | | |

Parent Signature:

Camper Signature: ______Date: _____

Date:_____