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Barry's Thoughts

1 Corinthians 9:24 NLT

Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win!

Summer is here! The sun is shining it is beautiful outdoors; we have been waiting for days like this all winter. Summer often brings the reality that in our busy lives we do not carve out time to enjoy these beautiful days. We often do not take the time to step outside and soak up the warmth of the summer season. We are just too busy!

When I allow myself to get too busy, I often set aside my time to exercise and my time outdoors. As soon as I let the busyness of life consume me, I begin to feel tired and disconnected. My body urges me to change course to lace up my running shoes, and hiking boots

and get outdoors.

Often our spiritual lives are like that. When we allow ourselves to get so busy that we miss our time with God we begin to suffer from the fatigue of the world. God created us to be in fellowship with God. God has provided the Holy Spirit to draw us into God's presence and to renew our minds and bodies.

My prayer is that you will find time to exercise both your physical bodies and your spiritual lives. God longs to walk with you this summer. During the busyness of life take time to walk or run or go for a hike with God. You will find a rewarding, refreshing newness and purpose in your lives.

In Christ

Pastor Barry

CHURCH OFFICE HOURS

**Monday to Thursday
8 AM to 2 PM**



RAPID CITY FIRST

UNITED METHODIST CHURCH
629 Kansas City Street
Rapid City, SD 57701

You may call the church at:
605-342-4498

Leave a message any time and we will get back to you as soon as we can during office hours.

You can also email the staff using the following email addresses.

If you would like to be part of the **mass church email** or **prayer chain** please email: admin@rapidcityfirst.org.

Church calendar of events can be found on the wall of the **church office**, on the **website** and on our **new app!!** If you are needing church space for an event or meeting let us know and we will get it added to the calendar.

Pastor Barry: barry@rapidcityfirst.org

Jeff Hauser: jeffreyhauser4@gmail.com

Anne Torgerson: rcfumcchildrensministry@gmail.com

Hannah O'Donnell: hannahrcfirst@gmail.com

Stephen Branch: sfbranch@gmail.com

Diane Ketel: dkketel@live.com

Margot Burton: **343-1832**

General inquiries or prayer requests: admin@rapidcityfirst.org

STAY CONNECTED!!

Web site: www.rapidcityfirst.org

Live Stream: www.rapidcityfirst.org

(usually opens 5-10 minutes before the service)

Facebook Live: www.facebook.com/rapidcityfirst/

YouTube Channel: www.youtube.com/channel/

First Church Studies Facebook Page:

www.facebook.com/RapidCityFirstUMC/

Church App: Go to app store on any iPhone or Android and download FUMC (Rapid City) app onto your phone/device.

Welcome



You may have noticed we have a new contemporary worship leader, Jeff Hauser.

Not only is he musically inclined, he is also our quarter time pastor. He will fill in when Pastor Barry is out of town. He also runs a church called The Road.

For more information feel free to introduce yourself to him at church or contact the office!

“Displaced Montana boy whose life has been ridiculously turned upside down by Jesus. I seek to be emptied more and more of me, and filled more and more with the Spirit of Christ. I seek awareness of the Living God in me flowing like Living Water through me in all I do and in all my interactions.

I have two beautiful kids. Selah Joy is 17. Caleb Jeffrey is 15.

I LOVE the outdoors! Especially with my kids. We love to rock climb, hike, hunt, fly fish, mountain bike...and anything else outside.”

We are happy to have you join us Jeff!

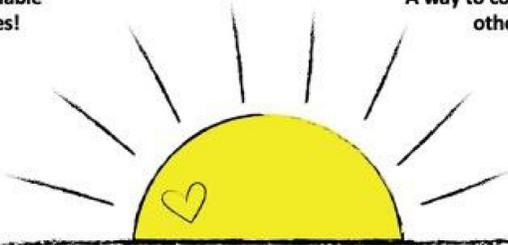
We have room for you in our family!

Register Today!
Contact:
hannahrcfirst@gmail.com

Ages: 9mos to 5 years- old!

Reasonable prices!

A way to connect with others!



MOM'S MORNING OUT

Rapid City **First** United Methodist

Your children can socialize and have fun in a safe environment!

Spots in our MMO program are filling up quickly. If you are interested in being a substitute teacher or volunteering in a classroom you can contact the office or Hannah. “Meet the teacher” is August 31 between 9:00-10:30am. The first day of MMO is September 6, from 9am-noon.

**REGISTRATION IS OPEN:
Sonshine Safari Camp**

August 9 and 11 from 9:00-10:30am. This is a mini-styled Vacation Bible School for preschoolers and toddlers. Parents are welcome to stay with their kids or grab some coffee while they wait.



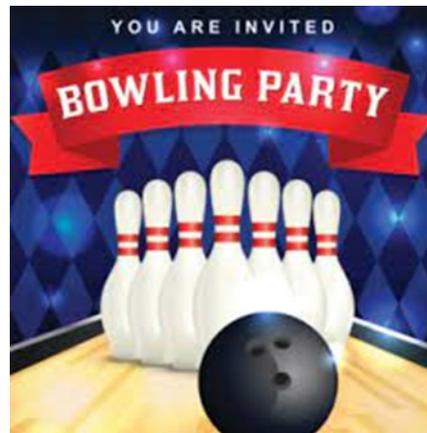
July Youth Newsletter:

There was a lot happening with the youth group in June! Thank you to all of you who were able to help with Vacation Bible School. It was fun! We had a great turn out at the **Lock-In**. The youth played sardines, karaoke, and board games. Thank you to Anne for making pancakes the next morning!



Our first **Youth Summer Shenanigans** event was on June 21. The youth enjoyed rock climbing at the Athletic Club. Pastor Jeff joined us and helped show us the routes. There are plans being made for more climbing later this summer!

Our next Shenanigans event will be **July 5**, from 1-3pm at Robbinsdale. More details on cost will be shared soon. Other Shenanigans will take place July 29 and August 2.



To conclude the summer we will be having a family event on August 13, **End of Summer Splash** at Horace Mann pool from 6:30-8:30pm. Bring a dish to share! We will need you to RSVP to this event to ensure we have enough lifeguards.



In regards to our **Fall programs**, the youth will be moving their meeting time from Wednesdays to **Sunday evenings!** We will share more information on times and details as it gets closer to Fall. So far, I have heard more youth will be available to come during this time, and it will give us more flexibility on the activities we can do. We will still have **Sunday School**, and there will still be opportunities for youth on Wednesday nights, it will just look a little different than it has in the past. We are excited for this change!



Everyone is Invited!

Summer is a great time to connect with friends and family in new ways. In Children’s Ministry at RCFUMC we have been doing just that in a variety of ways!

In June we were on a roll with our Food Truck Party Vacation Bible School where we welcomed church and community members to craft, play and learn about God! On our last night we invited all of our

parents to join us for singing and an ice-cream social!



Lynne Laird and Judy Hey both invited their grandchildren to join them at VBS!

We had a wonderful time exploring God’s great outdoors on our Elementary Bike and Hike. Children invited their parents to join them and one participant invited her friend for a follow-up visit to show her what we discovered on our adventure! We also found we had so many popsicles that we were able to invite other children in the park to enjoy them with us.

Far Right: Alice DeBoer invites other participants to join her on the rocks in the creek.

Center: A wonderful discovery along the Path.



pants to



A birthday was celebrated here in the church! Maya Makoutz invited her friends to join her for a Wild About Jesus Birthday Party! Everyone had a wonderful time playing games, making ice-cream, creating an art project for missions and seeing Maya’s church home.

Maya posing in the Wild About Jesus photo booth!

As we wrap up June, we look forward to more fun in the summer.

Check out the dates on the next page, come when you can and remember to share the invitation with your friends!

Save the Date

- July 1** **What's for Dinner Family Challenge begins!**
See the website to sign up and download the materials!
- July 23** **Storm Mountain Cave Tour for Elementary Students and a Parent**
9:30-11am
(watch the website for meet up details and weather alerts)
- Aug 9&11** **Sonshine Pre-School Camp – A Mini-VBS for ALL Pre-school Children**
9-10:30am
Registration is on the website
- Aug 10** **Run, Jump and Throw Games in the Park for Elementary Students and a Parent**
6-7pm at Sioux Park
(watch website for meet up details)
- Aug 13** **End of Summer Splash at Horace Mann Pool. Bring your family!**
6:30-8:30pm
Bring a dish to share! We will need each family to RSVP to ensure we have enough lifeguards on schedule.

Above all, make time to notice God's beautiful creation!

Take time to lift your voices and hearts in thanksgiving that we have such a wonderful God who claims each of us as his precious child.

Thank you to all of the wonderful volunteers that made VBS so much fun!

Lauren Holderfeld	Skylar Fagerland	Lucas Roberts	Callie DeBoer
Lynne Laird	Cami Jones	LaRee Mays	Brittini Luikens
Kiera Flockhart	Mallory Hook	Hans Torgerson	Kai Torgerson
Kelsey Jones	Lance Roberts	Kyle Larson	Kharley Newman
Shelby Loffelmacher	Deb Whipkey	Jessica Makoutz	Tami Deboer
Olivia Roberts	Gretchen Torgerson	Margot Burton	Pastor Barry
Kelly Chocholousek	Merlyn DeBoer	Hannah O'Donnell	Judy Hey
Jerilyn Roberts	Isabelle Makoutz		

3rd Sunday Offering



"The HOPE Center offers basic, unique, and unduplicated services to members of our community in need of assistance. Some of these services include a mail center where individuals without an address may receive mail, a phone center that offers individuals a way to receive messages and make local/long distance phone calls, and a storage center for individuals to store a small amount of personal belongings and important documents.

Another primary objective of the HOPE Center has been to establish relationships with the disadvantaged in our community so that we may be recognized by them as a trusted source of support. Out of this relationship, built on trust, we hope to be able to offer lifestyle alternatives and a way out of poverty. We do this daily by providing appropriate referrals to partner agencies in the Rapid City area. We also sponsor outreach events and activities in order to introduce our organization and serve those in greatest need."

Learn More: hopecenterrapidcity.org

Our Mission:

Putting God's love into action by enhancing dignity and hope as we build bridges out of poverty.

Sermons and Scriptures For July

July 3	Always Do What Is Right	Galatians 6:1-16
July 10	A Plentiful Harvest	Luke 10:1-11, 16-20
July 17	What Does Your Life Say To Others?	Colossians 1:1-14
July 24	What's First In Your Life?	Colossians 1:15-28
July 31	What A Friend We Have In Jesus?	Colossians 2:6-15

How You Can Give!

Give Online

Link to give online: <https://secure.subsplash.com/ui/access/>

Give one time or sign up for recurring giving

Text to Give

RCFIRSTGIVE to 1-888-364-GIVE (4483) in order to receive a reply with the link to give with

Scan the QR code

Using your phone's QR app or hover over using your phone's camera (find in bulletin, on card in pews and on offering boxes)

Send a check

629 Kansas City Street, Rapid City, SD 57701

please make sure to leave a memo when giving to specify where your funds should go

UMW NEWS

The UWF News from our local organization is available each month. Find it in the metal rack next to the bookcase in the parlor.

Dates to Remember

July 7-- Prayer Shawl Ministry, 1:30 pm, church parlor

July 15-17--Mission u, Southern Site, DWU, Mitchell, SD

July TBA -- UMF inventory and "office" clean-up day

August 17-- Potluck Picnic in the Parlor



Who Can We Be Together?

Building Communities
of Hope and Joy

Plan to attend the premier event of Dakotas Conference United Women in Faith

--Mission u!

July 15-16-17, 2022

Dakota Wesleyan University

Mitchell, SD

The event has been streamlined, one topic, one less day.

Registration blanks are available in the metal rack next to the bookcase in the parlor.

Contact LaRee Mayes for ride information.



United
Women
in Faith

Reflections

Fourth of July celebrations—parades, fireworks, assorted expressions of patriotism—have long been part of the very fabric of our nation. For the privilege of living here and having the opportunity to bring the gospel plus military and charitable help to those in need in other lands, we give thanks to God and remember well those who came before and often suffered much in order to bring about that for which we are grateful.

In 1620, Pilgrims, still aboard ship, drew up the Mayflower Compact in order to ensure those wanting to be part of their settlement were willing to help make and keep the laws to be established. On July 4, 1776, the Declaration of Independence—written by Thomas Jefferson, with input from others—was publicly proclaimed. Over the next 10 years, governance in each of the 13 states was established, but greater unity between the states, with the rights of each left intact, was needed. To that end, in 1787, delegates from each state met in Philadelphia from May 25 to September 17. Designing a system where laws must be balanced with freedom and liberty generated much debate. What settled things down?

On June 28, 1787, 81 year-old Benjamin Franklin, former Deist, asked President George Washington, “How has it happened, Sir, that we have not...thought of humbly appealing to the Father of lights to illuminate our understandings? In the beginning of the contest with Great Britain, when we were sensible to danger, we had daily prayers in this room for Divine protection. Our prayers, Sir, were heard and they were graciously answered...the longer I live, the more convincing proofs I see...that God governs in the affairs of men. And if a sparrow cannot fall to the ground without his notice, is it probable that an empire can rise without His aid? We have been assured, Sir, in the sacred writings that except the Lord build the house, they labor in vain that build it. I firmly believe this. I therefore beg leave to move that, henceforth, prayers imploring the assistance of heaven and its blessing on our deliberation be held in this assembly every morning before we proceed to business.” The atmosphere quickly changed. The U.S. Constitution and the Bill of Rights were completed.

A delightful partnership awaits the one who will turn to the One who is ever willing to give answers. Dr. George Washington Carver was a slave with no record of original name or date of birth. Down whooping cough when he came to the farm, he was nursed back to health. When he was old enough for light house duties, he was free to roam the hills and woods of the farm. His bent was toward flowers and other plants. When he learned about God, He and he formed a lifelong partnership. With God as the Senior Partner, Carver became a well-educated and highly respected scientist who rescued worn out southern cotton fields by introducing the farmers to principles of crop rotation. Incentive for them to try planting more peanuts and sweet potatoes, came as he discovered hundreds of new uses for both. He called his lab at Tuskegee University “God’s Little Workshop” and a favorite Bible verse was “I will lift up mine eyes unto the hills, from whence cometh my help.” (Psalm 121:1) Asked about the secrets he’d discovered in some Alabama clay, he replied, “I talked with God and He led me to it.

January 6, 1943 news cast: “We are bringing you news that Dr. George Washington Carver passed away at 7:30 at Tuskegee last night—one of the world’s great chemists, and a true man of God.”

Jesus said to ask and we would receive. Seek and we’d find. Knock and the door would be opened. (See Matthew 7:7-8) Now, if we will just remember.....

Here’s a thought: Some folks see the glass as half empty. Some see it as half full. If Jesus is our Lord, then He is our Shepherd. Right? I’m going for “...my cup runneth over” And, actually, it is. Bless the Lord.

Love and prayers,
Kathy Moose