

PSALM 90
“A prayer for wisdom”

Read Psalm 90 (NIV)

1. Read the superscript, what do you know about Moses? Recreate as a group his life story.

2. Perhaps helpful is to think of this Psalm in three parts.
 1. Moses' lament over Death and Sin v. 1-10
 2. Moses Lament and Petition to Gain Wisdom v. 11-12
 3. Moses Petition for God to relent from anger and bless Israel v. 13-17

4. What is it that leads from v. 1-10 into v. 11-12?

5. Then what does he ask for in v. 13-17?

3. Do you relate to any of the feelings in v. 1-10?

4. Do you feel any of the same needs that are express in v. 11-17?

5. Take any of those things you are feeling and any of the needs in prayer as a group before God.