

Psalm 4
“An evening prayer in crisis”

Psa. 4:0 For the director of music. With stringed instruments. A psalm of David.

- 1 Answer me when I call to you,
my righteous God.
Give me relief from my distress;
have mercy on me and hear my prayer.
- 2 How long will you people turn my glory into shame?
How long will you love delusions and seek false gods?
- 3 Know that the LORD has set apart his faithful servant for himself;
the LORD hears when I call to him.
- 4 Tremble and do not sin;
when you are on your beds,
search your hearts and be silent.
- 5 Offer the sacrifices of the righteous
and trust in the LORD.
- 6 Many, LORD, are asking, “Who will bring us prosperity?”
Let the light of your face shine on us.
- 7 Fill my heart with joy
when their grain and new wine abound.
- 8 In peace I will lie down and sleep,
for you alone, LORD,
make me dwell in safety.

The Psalms are the prayer book of Israel and what many times guided Jesus’ prayers. Many Christian’s throughout the ages have used them to guide their own prayers. These next three weeks we will use them to guide ours looking at real life situations that David and Moses were in that prompted these prayers and then using them for ourselves.

Discussion Questions

1. When you read this what type of situation do you think David is in (this is considered a royal psalm)? What are the clues to understanding that situation? Work as a group to create an informed story surrounding this Psalm.
2. When situations of crisis come up in your life, what is your general response? What are your prayers like?
3. Are your prayers anything like David’s prayers? Why or why not?
4. If there is an immediate crisis in your group or a community crisis try using this as a prayer guide for that situation.