

## The Eight Principles

1. Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

*"Happy are those who know they are spiritually poor." (Matthew 5:3)*

2. Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

*"Happy are those who mourn, for they shall be comforted." (Matthew 5:4)*

3. Consciously choose to commit all my life and will to Christ's care and control.

*"Happy are the meek." (Matthew 5:5)*

4. Openly examine and confess my faults to myself, to God, and to someone I trust.

*"Happy are the pure in heart." (Matthew 5:8)*

5. Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.

*"Happy are those whose greatest desire is to do what God requires." (Matthew 5:6)*

6. Evaluate all my relationships; offer forgiveness to those who have hurt me and make amends for harm I've done to others except when to do so would harm them or others.

*"Happy are the merciful." (Matt 5:7)*

7. Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

*"Happy are the peacemakers." (Matt 5:9)*

8. Yield myself to be used to bring this Good News to others, both by my example and by my words.

*"Happy are those who are persecuted because they do what God requires." (Matthew 5:10)*