

## FAQs About the Retreat

**Where is this retreat?** The retreat is at Dunes Manor Hotel in Ocean City, MD, about 149 miles away by car, or 111 miles as the crow flies. Since we are not crows, it will take us about three hours to arrive there. Dunes Manor is a hotel with all rooms facing the ocean. Each room has a little balcony that allows you to see the beach, feel the breezes, and hear the surf. Sand in your shoes is optional. The hotel serves tea each afternoon, has a newly-remodeled indoor pool, and features a lovely breakfast each morning.

**What are the 5 sessions about?** *Jesus at the Beach.* Yes, Jesus went to the beach! He was on the water a lot. On this retreat, we will look at passages from the Bible that took place on the sand or in the water. Calming storms, walking on the water, choosing disciples, frying fish for disciples, giving fishing advice, and preaching from a boat to large groups from the shore are all signs of the experience of *Jesus at the Beach*. So, we will see the beach and hear the beach, but more importantly I want us to see and hear *Jesus at the Beach*.

**Where will we eat?** Two breakfasts and one dinner is in the hotel. Thursday's dinner is where you want to go...close-by options will be shared or you can eat in the hotel dining room for an extra fee.

**Who can go to this retreat?** Any adult who wants to participate can go! That means friends are invited, too!

### What should I pack?

- Clothes for warm weather
- Swim suits, a cover-up, and a beach towel
- Toiletries, PJs, your meds
- Your Bible and a pen
- Lightweight jacket for the sessions (the hotel is airconditioned)

Still have questions? Contact Carolyn: 703-299-3602.



**RETREAT REGISTRATION FORM**  
(detach and return registration form & payment to:

First Baptist Church Alexandria

Attn: Debbie Corder

2932 King Street

Alexandria, VA 22302



## TENTATIVE RETREAT SCHEDULE

### September 15 (Wednesday)

- 9:00 Load luggage on motorcoach  
9:15 Session 1 at FBCA  
10:00 Leave for Ocean City  
Noonish Stop for lunch (fast food)  
2:30-3:00 Check into Dunes Manor  
3:00-4:00 Tea served in hotel lobby  
3:00-6:30 Explore the hotel, the beach, brochures of fun, etc.  
6:00-7:30 Dinner in the Victorian Room (on lobby level of hotel)  
7:30 Session 2 (in Verrazano Ballroom)  
??? Choose your own bedtime

### September 16 (Thursday)

- 7:30 Greet the Son (optional walk on the beach)  
7:30-9:00 Buffet breakfast in Victorian Room  
9:30-10:30 Session 3  
11:00-Noon Fun Activity  
12:00 Snack lunch  
3:00 Tea in hotel lobby  
5:00 Dinner on your own (or meet in lobby to find a group)  
7:30 Session 4  
9:00 Fun Activity (optional)  
?? Choose your own bedtime

## TENTATIVE RETREAT SCHEDULE (con't)

### September 17 (Friday)

- 7:30 Greet the Son (optional walk on the beach)  
7:30-9:00 Breakfast in Victorian Room  
9:30 Session 5  
10:30 Pack up, clear rooms, wave goodbye to the beach  
11:00 Take good memories with you as we leave the retreat site  
1:00 Lunch or snack stop  
3:00 Arrive back at FBCA

### Free-Time Activities

- Ride the trolley to end of Ocean City (hop on/hop off)
- Find a rocking chair on porch
- Find a prayer partner
- Walk the beach
- Swim in the pool
- Play games in lobby
- Put a jigsaw puzzle together
- Read a book
- Shop
- Take a nap
- Explore

## RETREAT REGISTRATION (one form PER PERSON)

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Cost: Single/\$400 - Double/\$255  
(make checks payable to: FBCA)

Payment & Registration Form  
Due by: August 1, 2021

Roommate: \_\_\_\_\_  
(please enter your roommate's name, if any)

(Single rooms available.)

### Cost Includes:

- Transportation by motorcoach
- 2-night stay in ocean front rooms
- 2 breakfasts, 1 dinner, 1 lunch
- Complimentary tea each afternoon
- Great worship experiences
- And time at the beach!

**NOTE:** A Medical Form is required to be on file in the office. Call or email Debbie to get this form:

703-299-3608  
debbie@fbcalexandria.org